

SUMMER 2021

DOLPHIN LOG

THE BULLETIN OF THE DOLPHIN SWIMMING & BOATING CLUB • SAN FRANCISCO • ESTABLISHED 1877



Dolphin Log

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Cover: Painting by Marge Schneebeli from a photograph of the Dolphin Club building when it was at the foot of Van Ness and before its neighbors, Ariel Club (east) and South End Club (west) had moved to Aquatic Park.

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Once 'Round the Cove

Publication of a book on the Dolphin Club 1877 to 1906

With the approval of the Board and the Dolphin Club Foundation, Sid Hollister will begin work this Fall on a history of the Dolphin Club up to 1906. Given the major restoration costs the Club currently faces, the project will have to be supported by donations from Club members and other generous Club friends. A dedicated account has been opened at a branch of Bank of the West in San Francisco's North Beach for those who want to make direct deposits (\$25 wire transfer fee). Contact Sid for details. Checks can also be sent to Sid for deposit. The book will be about 75-100 pages, with 30 to 50 black and white images and a color cover. Barring any unforeseen impediments, the book should be published in the Spring of 2023. The opening chapter of the work was published in the Spring 2020 issue of the Dolphin Log. Sid's address is 465 Chestnut St., San Francisco, 94133. His phone is: (415) 772-8903. His e-mail is shollister@mindspring.com

Dolphin Achievements

Hiroshi "Hiro" Tsuyumine became a centenarian last May. He joined the Dolphin Club in 1974.

Antone Gelardi recently celebrated 80 years with the Dolphin Club. He was an avid handball player and still regularly attends Life Member lunches

Lauren Au circumnavigated Angel Island, starting and returning to the Club dock. Her time: 6.26.12.

Kaitlin Talley completed the Angel Island round trip on July 3rd in 6:49:17.

Maggie Lonergan finished the Boston Light Swim on 7 Aug in 4: 56

Lauren Lesnya swam the North Channel in New Zealand

Suzanne Heim-Bowen swam the width of Lake Tahoe in 4.56. Second fastest female—at age 63. Then, in Ireland, she completed the Fastnet swim around the lighthouse in 6.09.15. Fastest (and oldest).

Oh Dolphin ladies

Jabbering in the sauna

Music to my ears

Athena Kyle

Other Athletics

DC/SERC TRI Captain: Danny DeLeon

EFAT: Gina Rus

Handball Captain: Paul Brady

Running Commissioner: Anna Olsen

Weight Room Captain: Robert Selsted

Lockers

Women's Captain: Jane Mermelstein

Men's Captain: David Zovickian

Club House

Gardens: Susanne Fredrick, Andy Stone

Deck Landscape: Steve Krolik

Green Team: OPEN

Pier & Deck Hands: Stephan Crawford

Social

Entertainment Commish: Robin Rome

Club Mixer: Todd Bloch, Nanda Palmieri

DC Forum: Joe Illick

Ukulele Club: Carolyn Hui

Communications

Comm Committee: Diane Walton

Facebook: James Dilworth

Group.io: Ward Bushee

Instagram: Anne Hamersky

Twitter: Nancy Friedman

Website Manager: Alana Harrington

Lost & Found

Club & Women's Locker Room: Piper Murakami

Men's Locker Room: Hal Offen

Other

Dolphin Foundation: Davis Ja

DC Youth Swim Fund: Aniko Kurczinak

Fundraising Committee: Anthony DuComb, Robin Rome

Government: Ward Bushee, Ken Coren, Diane Walton

Renovation Committee: John Hornor, Peter van der Sterre, Ward Bushee

Save Aquatic Park Pier: Diane Walton

Swag: Andrea Morgan

Volunteer Coordinator: Natazha Bernie

Lake Merced boathouse

Jim Storm, tall (6'8") and genial, is an almost retired psychoanalyst of 80. An Olympic medalist in Tokyo in 1964, he continues to row here and in San Diego, his native territory. He also runs the Dolphin Club's rowing program on Lake Merced in the southwest corner of San Francisco. There the Club shelters six boats of its own as well as 16 more owned by club members.

You can row there if you wish, provided you've successfully weathered the training course in the Cove and can sustain yourself under the test of Jim's well-trained eye. He says it's easy if you can handle the fundamentals, and you receive a key to the boat house as a reward. If so, you'll share the square mile body of water with students from St. Ignatius High School and members of the Pacific Rowing Club, who inhabit the city-owned boat house with the Dolphin Club. Fewer than twenty Dolphins are rowing there now.

The origins of our location on Lake Merced lie in the



Renewed sign outside Boat House in Lake Merced beside craftsman, Life Member Nick Strelchuk.

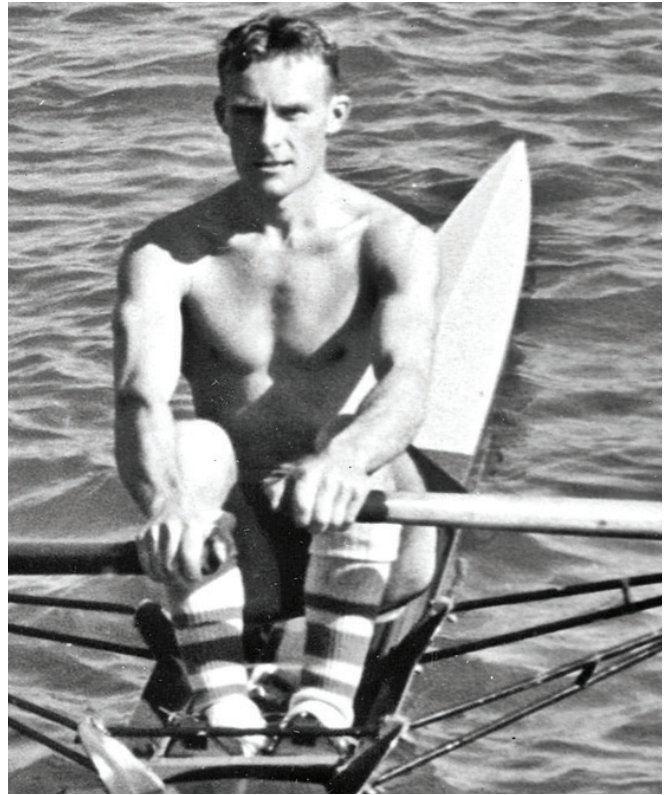
movement of a shell house (built in 1935 at Pier 54) from China Basin to the lake in 1952, when the City constructed the Lake Merced Sports Center. (More early history in an article in the Log by Gary Ehrsam: <https://archiveorg/details/DolphinLogs1995To1999/page/n57/mode/2up>)

The Dolphin Club was assigned one bay, and must pay a nominal rent for each boat housed. It's the first building on your right as you enter Harding Park, immediately south of the zoo.

On the boathouse you'll find the name of Tom Troneum, who was both a highly valued rowing coach and swimmer, and a Life Member who served as president in 1960. Because the boathouse sign is in the style of the name boards on wooden boats, Jim contacted Jon Bielinski, caretaker of our salt-water fleet. Jon had just the person for the job, Life Member Nick Strelchuk. The beautiful

sign, originally crafted by Bob Hoff, was dedicated in 1986, naming the Lake Merced shell house in honor of Tom Troneum.

Tobias (Tom) Troneum was born on October 26, 1900, in



Tom Troneum, past president, after whom the boathouse is named.

Norway. He joined the Club in August 1925 and served the Club for the next sixty years.

In the heady days of club rowing regattas, Tom won six Pacific Coast single sculling championship titles in the late 1930s. As his competition days faded, he transitioned into a rowing commissioner, coach, and an inspiration to younger athletes. Tom died in 1985, at age 84, however his talent, service, and generosity continue to inspire. The Dolphin Club Youth Rowing program is named the "Tom Troneum Scullers."

He ran the Lake Merced operation until he was relieved by Steve Wolf in the mid 1970s. Jim Storm took over in 1979 and has been unable to find a successor. Interested?

Joe Illick

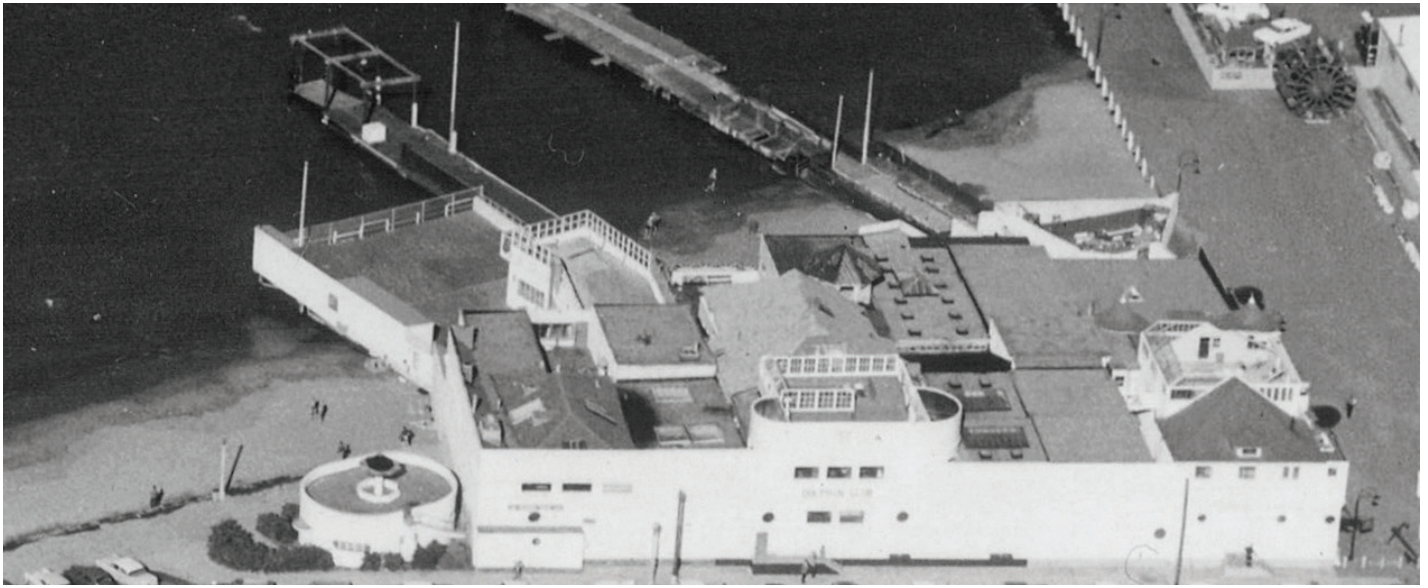


Lake Merced, home of the freshwater Dolphin Club.

Dolphin Club Annual
Meeting
6:30 pm Weds Oct
20, 2021
Live and/or Zoom

The End of the Ariel

Rich Cooper and Keith Howell



The three clubs—Ariel, Dolphin South End prior to 1980 when Ariel burned down.

Those old pier stumps sticking out of the shallow water just west of the Dolphin Club had been there for about forty years. They were within the Dolphin Club's lease line, and as the COVID pandemic drove San Franciscans outdoors, crowding the Aquatic Park beach, some were tripping over those intruding remnants. The Dolphin Club decided to act before any lawyers descended. Lee Hammack, our House Captain, with help from Eric Hansen, John Hornor, Larry Scroggins and a few other dexterous volunteers, using shovels and chainsaws, topped the stumps below the surface of the sand during a minus tide last April. With their removal, the last fragments of one of the great nineteenth century rowing clubs, the Ariel Club, disappeared.

Founded on June 17, 1872, (earlier than either the South End or Dolphin Clubs), the Ariel Club would have a star-crossed history, largely of its own making. It began life in Mission Bay along with most of the city's rowing clubs between 1870 and 1890, when rowing, boxing and horseracing were the leading spectator sports. It was the perfect venue: the water was calm and Long Bridge, which stretched from the end of 4th Street to Potrero Hill, provided the ideal viewing platform of the 3-mile rowing course, down to the stake and back. When the best rowers were competing, there might

be thousands lined up to whistle and wager.

At least a dozen different rowing clubs operated on the south waterfront prior to 1900, although some just briefly. Along with the Ariel Club (1872), others included: San Francisco Rowing (1864), Pioneer Rowing (1869), South End Boat (1873), California Theater Boat (1873), Golden Gate Rowing (1878), and, lastly, the South End Rowing Club (1880).

Al Rogers was a founding member of the Ariel Club. Beginning as a competitive rower, he would become a boatbuilder specializing in racing craft; he built the best along the Pacific Coast. Henry Peterson, a professional rower and the dominate oarsman of his era, began as a sculler for the Ariels. In every regatta the Ariel crews were always a threat and won more than their share.

But the City was growing remorselessly and soon it was knocking on the clubs' doors asking them to relinquish their properties to more profitable businesses. The Ariel was bumped around several times. One of its boathouses simply collapsed into the Bay in 1891. The Ariels and South Enders built new boathouses between 1903 and 1904 in the Central Basin at the foot of 17th Street.

Then, in November 1907, the remaining clubs were again asked to remove their structures. The Pioneers

just disbanded. The South End put their boathouse on a barge and floated it around to Black Point Cove to join the Dolphin Club which had built a new home there a decade earlier. The choppy waters on the north waterfront were not ideal for rowing, but they were good for swimming, a nascent sport. Away from Mission and Islais creeks, the city's drainage channels, the water was far less polluted. The Ariels were reluctant to leave, so in 1909 the City demolished their boathouse. They built a new one just east of the Dolphin Club.

The three adjacent clubs were quite cozy until 1927, when the extension of Van Ness Avenue and the new Muni Pier forced them to move. Their new location was on the beach between Polk and Larkin Streets, but that only lasted ten years until construction began for the remainder of Aquatic Park, including the Municipal Bathhouse (later the Maritime Museum) and bleachers. By 1938 the boathouses had been rolled to their current locations on Jefferson Street, but in the process the clubs had to forfeit all ownership to the City.

The clubs soon became very unhappy with the windy and rough conditions on the east side of Aquatic Park. And they thought they had an agreement with the City that the move was temporary and better locations would be provided, but with the outbreak of WWII (the military



*In 1940 the three clubs—SERC, Dolphin, Ariel viewed from the water.
Below, Larry Scroggins, John Hornor, Eric Hansen use spades and chainsaws to remove the wooden
stubs on the beach, the last vestiges of the Ariel Club left over from the 1980 fire.(Lee Hammack)*

controlled Aquatic Park), other matters would soon become higher priority. Later, most of the post war members had no memory of the more desirable locations of the past. The Dolphin and South End clubs slowly adjusted; however, the Ariel lost its pier in a storm and its members were never able to launch boats and row in the bay again.

Articles of Incorporation were amended as of April 17, 1948, to change the name of the club from Ariel to the San Francisco Rowing Club. The reason is unknown; however, a connection might have been discovered to a historic club (from 1864) by that name. The new

moniker would hopefully provide more prestige and heritage protection.

But by the late 1970s the SF Rowing Club had lost any athletic purpose and was little more than a place to play gin rummy and poker. About once a month the building was rented for a dance party. Their management had been at war with the City for forty years for what they regarded as broken promises and for not replacing their pier. The club was down to 14 members and financially broke. The end was near even before a group of females targeted the SF Rowing Club in 1974 in an apparent attempt to claim the defunct facility for an all-female club. The Ariels wouldn't cooperate and that lawsuit failed, but a follow-up discrimination lawsuit against all three clubs to admit women succeeded in 1976. Doomed anyway, the SF Rowing Club still resisted and received an eviction notice in December 1976. By then five ladies had already become members of the Dolphin Club.

Finally, on October 1, 1979, the Dolphin Club was granted a 25-year lease which included the former facility next door. Work had already begun to renovate the old building, to meet health and safety requirements, when a fire broke out on the evening of November 21, 1980. A 34-year-old vagrant who frequently slept under the empty building was later charged with starting the fire while trying to cook his dinner. There was some minor

damage to the Dolphin Club, but the Ariel went up in smoke, a total loss. Ironically, in the space where grumpy misogynistic curmudgeons used to shuffle cards, is now the women's changing room.

Their old boathouse is long gone, and now even stubs in the sand no longer remain of the once proud Ariel Club. However, one connection lives on. Whenever you see the magnificent Wieland and South End barges racing, or even the small skiff on display in our club's entrance way, give thanks to the craftsman who built them, Al Rogers, and his Ariel Club where it all began.



The Distinguishing Cupola

John Hornor



The three clubs—Ariel, Dolphin, South End--were located at the foot of Van Ness between 1896 and 1927. The train tracks, built to service the PanPacific Fair in the Marina in 1915, ran across the clubs' piers

In 1877 our original clubhouse was anchored at what is now the intersection of Leavenworth and North Point and today's Joseph Conrad Park. By 1885, with the Selby lead smelter to the north and the rapidly encroaching Bay fill, the waters around the Club had come to be called "Sewage Lake." It was time to move. In 1885, the SF Board of Supervisors voted in favor of the Dolphin Club building a new \$2,000 boathouse to be located on the west shore of what was then Black Point Cove, with the prescient stipulation that it be movable. The Club hired charter member and former president Adolph Lutgens to design the new clubhouse. By 1896, five carpenters had completed work on Lutgens' Queen Anne style boathouse located near where the white loudspeaker tower is today.

The main architectural feature was an octagonal tower topped by an open air cupola. Accessed by an interior stairway, the Cupola provided magnificent views of the San Francisco northern waterfront, especially of the many diving and aquatic competitions that were popular in those days.

In 1927 the extension of Van Ness Avenue required relocating our boathouse to the foot of Polk Street. And ten years later, with the construction of Aquatic Park, the clubhouse was moved to its present location. The addition of the handball court, weight room, galley, an aviary (which was converted to our current office), and an exterior stair covered up most of the lower part of the octagonal tower, but the Cupola to this day rises above it all. In 1955, the DC Board voted to establish living quarters for a caretaker in the Cupola, if only one could be found. The railings in the openings were removed and replaced with windows. Henry "Hank" Willinger, a retired ship's carpenter, who joined the Club in 1960, became the first resident caretaker. In addition to refining the interior of the Cupola, Hank built our first sauna (1965) and enlarged the doors to what is now the boatshop. Hank also hand raised "Sinbad" the seagull on liver and hamburger. Sinbad famously swooped down from the Cupola to snatch a well disguised toupee from atop a member's head during a gathering on the pier. Hank, beloved

by Sinbad and all the other creatures he cared for, especially Dolphins, retired as caretaker in 1973 and died in 1979.

When the Club offered the Cupola and caretaker position to Lou Marcelli in 1973, he required that the club provide him with a .22 rifle to shoot the rats before he took up residence. In 1975 the DC Log notes that the "intermediate sub-level area of the upper mezzanine portion of the high Willinger belfry tower complex" has been restored by Herman Zahler, Lou Marcelli, and Dave Hinton. These improvements satisfied Lou and he lived there for the next 38 years. Lou, from his aerie, carried on Hank's tradition of caring for seagulls, ducks and Dolphins. His culinary skills, especially pasta cooked in squid ink, and practical philosophy -- "Just look it in the eye and go. You don't need to swim to Alcatraz" -- made all of us Dolphins feel welcome and included in our lives at the Club. Lou stayed on at the Club until his death in October of 2013.

After Lou died, our landlord, SF Recreation and Park, requested that we no longer use the Cupola, or any



Entrance to the Cupola has never been encouraged.



One of the best views in the city



Hank Willinger, the Cupola's first resident, built the club's first sauna and added some decorative elements to his room.

other part of our clubhouse, for overnight accommodations. Now the Cupola and adjacent attic space is used for storage and a respite space for club managers. Most members, respecting the prominent "NO" sign at the top of the access stair (still in effect!), have never been inside the Cupola.

One of the challenges of our upcoming renovation is how to preserve, restore, and use this historic part of our building. Building codes have evolved since 1896. Currently, the Cupola is accessed by an exterior stair and an interior steep ladder/stair from the men's locker room. To make the Cupola a legal, habitable space for the enjoyment of the general membership, we would need to meet Americans with Disabilities Act

(ADA) and SF Building Code requirements. These would be significant, including extending the new elevator to the roof, adding two means of egress stairs from the roof, reworking the entrance door (now just 5'2"), and modifying the ceiling.

Another option is to define the Cupola as unoccupied space, provide stairway access and limit its use to club staff for maintenance.

We await the approval of our site permit plan from SF Planning Dept., which includes the option of an accessible Cupola. Whatever decision we make regarding the Cupola, we plan to retain the octagonal character of the original tower and we look forward to all of us continuing to care for the creatures around us, especially Dolphins.



This was Commodore Lou Marcello's private relaxing space.

Coping with the Pandemic: One man's strategy

Peter Cullinan swims every day for more than a year

Naphtali Offen

Periodically, some Dolphin will perform a feat of derring-do that inspires (or horrifies) the rest of us, but in any case deserves to be acknowledged. Without the intention of doing so when he stepped into the Bay in mid-March, 2020, Peter Cullinan eventually got curious to know how many days in a row he could keep it up. When he finally took a break, he had logged 375 consecutive days, representing 607 miles—155 for the Polar Bear, 272 for the 100-mile swim, plus 180 miles when no one else was counting.

In late February, 2020 Peter and I had gone to New Zealand to backpack the famed Milford Track, in part to celebrate 30 years of friendship without having killed each other—so far. As it happened, an enormous storm flooded that part of southern New Zealand, severely damaging the huts and roads. The adventure we had talked about for years was not to be. Fortunately, it was New Zealand. We spent the next two weeks doing multiple sports as we explored the breathtaking South Island. One day, we mountain biked to the bridge made famous by introducing bungee jumping to the world. (We just watched.) On the ride back to Arrowtown, Peter took a spill and broke a couple of ribs. Didn't slow him down much. A few days later, we met up with our Dolphin pal, Stuart Moulder (a Kiwi), at his parents' bach (a country cabin, pronounced batch.)

The next day, broken ribs or no, Peter was water skiing on Lake Rotoiti and swimming up a storm. Peter refers to swimming as "his happy place."

Little did we know, upon returning home, that the disappointment of our canceled hike would become the rule

and not the exception for the next 15 months. Each of us had to figure out the best way to cope with the limitations imposed by COVID. For Peter, that meant swimming—a lot.

With the club closure in mid-March, the bleachers became a thing. Fortunately, the shut-down began as the water temperature was rising, even though it was still daunting to think about swimming without the sauna and hot showers. Peter developed his bag of tricks to get warm: bottles of hot water brought from home, HotSnapZ introduced by podmate Jean Allan, and hot pepper cocoa brought by Brian Abel, among other luxuries. Before long, Peter was part of one of the most active, regular, and welcoming Dolphin swim pods of COVID Year One. Also in the pod were Lawrence Remstedt, his daughter Anna, Joe Spallone, Holly Reed, Marcy Michael, Andrew Nance, Louis Haidt, Jeff Wagner, and Elspeth Farmer.

Peter's consistency in swimming was matched by Brian Kiernan's and Rich Cooper's consistency in monitoring the bleachers and keeping an eye on swimmers' property, for which Dolphins and South Enders alike felt a huge debt of gratitude.

I swam with them for a while in the beginning,



photo by Claire Trepanier

Peter Cullinan (top) swam for 375 consecutive days. Usually accompanied by his "pod." From Left: Marcy Michael, Jeff Wagner, Hal Offen, Peter Cullinan, Joe Spallone, Lawrence Remstedt, Brian Abel, Holly Reed, Lewis Haidt

but preferred the deck of the Club, with its hot showers and podmates who were my speed (Pete Neubauer and Jamie Robinson.) We were all getting faster, but Peter's pod was getting much faster. And as winter temperatures became the norm, we all learned how painful it is to wait for a straggler. I was glad Peter had new playmates and my bitterness was mostly under control.

They often swam out of cove, mainly to the Creakers, including all four Inside-Outside configurations (IO, OI, II and OO.) They developed a hankering for slipping through Farnsworth Gap on their way to Fort Mason, or toward the Opening. Everyone was grateful for the Club's expansion of the swim boundaries in recent years. Most of the time, Peter swam at least seven or eight squares, often in the water for over an hour, famously swimming on his own for an additional 20 minutes or so after the rest of the pod shivered on shore.

One morning during Christmas week, Peter got sick on the drive to the beach and had to return home. When he told me about it on the phone, I thought, finally, he can end this madness and feel less driven. Then he added, he drove back to Aquatic Park late afternoon and swam a mile, the shortest distance he had swum the whole year.

Another day, Peter was walking up the bleachers after his typical multi-mile swim, when Mickey Lavelle complimented him on how "voluptuous" he was looking. (I forgot to list that as another one of Peter's "tricks" for staying warm.) Peter responded, "Sorry, Mickey, there'll be no kissin' on the lips."

The year was filled with birthday celebrations aplenty on the bleachers, most often with birthday-suit swims. Was it Lawrence or Andrew who taught us men we could stash our suits under our caps?

Peter was a fixture, obviously, given his commitment. The rest of the pod would always know they could count on him for a swim partner, even on those brutal days when there might be just the two of them. And he did 35 solo swims.



When Joe Spallone presented the "Iron Seahorse" to Peter, he said that after Lou Gehrig accomplished his phenomenal hitting streak, he was dubbed the "Iron Horse."

But who's counting?

When asked about his year of swimming, Peter said it was mostly pure joy and meditative. He felt full of gratitude for swimming and this community of friends, who supported him throughout. He was lucky to have only some minor shoulder strain, which didn't derail his swimming. He interacted frequently with playful seals and an occasional scary sea lion too close for comfort. He spoke of a few days when the water was 51 degrees, the winds roiling the cove, and the water warmer than the air—especially on the bleachers. On those days, he said, he forced himself to push through his fear. In pondering his accomplishment, he said it's all about feeling grateful.

COVID made this adventure

*the strong tide pushes
fast toward the pier's pylons
swim hard and afraid*

Stan Baker

possible. Without having to travel out-of-town for work as usual, Peter didn't have to worry about missing a swim. On his one family visit to Massachusetts, he swam every day in the open water around Boston, including, of course, both days he traveled.

On March 13, 2021, the year anniversary of Day One for Peter's Joe DiMaggio-like streak, the pod and Peter's pals celebrated what would actually be his 366th day in the water, with a swim and potluck at Crissy Field. Nine of us jumped in between the Warming Hut and the NOAA pier, headed for Anita Rock, Yacht Harbor or Coghlan Beach. It was stupid water, refusing to do anything we asked of it. No one made it to Coghlan, and we all complained about swimming in place. Peter ran into Luca Pozzi, swimming in the opposite direction. At the sweet tailgate party afterward, Joe Spallone dubbed Peter the Iron Seahorse and presented him with an engraved Seahorse statue to honor his year of swimming continuously. Mazel tov to Peter for his grit, stellar swimming, playfulness, and sense of community throughout. It was a gift to the rest of us to have witnessed this remarkable feat in the making.

*Seals nibble on toes
The flag is still far away
I'd better turn back -*

Andrea McHenry

2021

25 - Year

Life Members

MILES



Anne Barbaret



Todd Bloch



Si Bunting



Barbara Byrnes



Scott Haskins



Joe Illick



John Mervin



Emily Roth



Heather Royer



John Theede



Erik Von Blankenburg

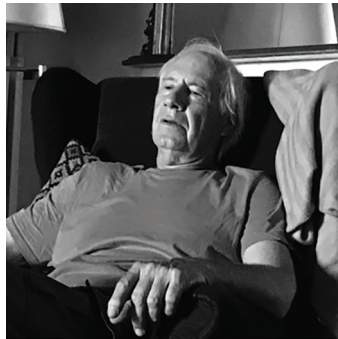
Photos Unavailable:

Paul Ainslie
John Blackman
Dennis Drobisch
Patricia Miller
Boris Rozenberg

T O N E S



Katie Cronin



Peter Darlington



Susanne Friedrich



Gail Grynbaum

In Memoriam

Robert (Bob) Michael Jimenez 1930-2021

Bob attended Sherman Elementary, Marina Jr. High, and St. Ignatius High School. Bob swam at St. Ignatius, and was a three-time All City Swimmer, leading S.I. to the city championship in 1947. During the 1960s, Bob's passion for swimming was reignited. He joined the Dolphin Club, winning many races. He also swam anchor for the 6-man relay team that set a record for the race from the Farallon Islands on Sept 6-7, 1968.

Unfortunately, in 1976, while training for a Master's Swim meet, Bob suffered a massive stroke. He recovered, but could no longer work as a school principal, and gave up competitive swimming. He became president of the Stroke Club of SF and lived another 44 years.

Lewis Cook Jr. August 6, 1937 - April 6, 2021

Lewis Edward Cook, Jr. became an All-American swimmer in high school and in college he swam for the legendary coach Doc Counsilman during the years when Indiana dominated swimming in the United States. Lew was the third fastest backstroker in the United States and the first alternate when the two faster swimmers, also from UI, went to the 1960 Olympics in Rome. While at UI, Lew also rode in the Little 500, the world's largest collegiate bike race, which was depicted in the classic inspirational film "Breaking Away." His team from the San Francisco Olympic Club still holds the record for the fastest relay team over age 40 to swim the English Channel. He was also on the only relay team to swim from the Farallon Islands to San Francisco.

Bob Mittelstadt 1935-2021

Bob Mittelstadt, born in 1935 in Racine, Wisconsin, died in his longtime hometown of San Francisco on June 29, 2021 at 85. After earning his Masters of Architecture at Yale, he was selected for both a Rome Prize Fellowship and Fulbright Scholarship. His architectural work includes the Cantor-Rodin Sculpture Garden at Stanford University and the Hawthorne Plaza building in San Francisco. Bob was a North Beach fixture and advocate. He successfully lobbied the adjacent businesses to fund lighting in Washington Square.

Despite contracting polio at age 16, he Bob maintained an active athletic life and became a Life Member of the Dolphin Club. Undeterred by his declining health in recent years, Bob maintained a vigorous schedule, zipping tirelessly around town in his electric Smart car, impressing everyone with his contagiously positive outlook.

It was a long winter. For many of us, being able to boat and swim on the waters of San Francisco Bay kept us sane. Now that life is returning to normal, boating at the club is back in full swing with many more opportunities for new adventures.

For easy access to the water, we've recently refreshed our stand-up paddleboard fleet. There are now six new boards that can be used for exercise, accompanying friends on swims and even yoga. Any member may take one of the four general purpose boards and paddle around the cove after a short orientation. If you want to push yourself further and leave the cove, we have some expert paddlers who can orient you on our touring boards and how to use them safely on the rougher waters of the Bay. sups@dolphinclub.org

Doing more together is what makes boating fun. Kayakers are connecting and making plans for regular evening paddles and trips to destinations farther afield. We're in the process of building a kayak trailer, which will allow us to pilot swims and explore places including Tomales Bay, the Delta, and Lake Tahoe. To get involved with kayaking email kayaks@dolphinclub.org

Our collection of 15 wooden row boats are possibly the largest, and most cared for, fleet of any club in the world. It is a special privilege to be able to take these beautiful boats for a row around Alcatraz, or to join John Robiola for his regular trips to the Farmers Market on Saturday mornings. Learn to Row classes are offered monthly, and sometimes available for one-on-one sessions as well. learnrow@dolphinclub.org

Please keep in mind that the beautiful boats are only possible because members devote the time and care to keeping them in such good condition. Boat Night has restarted on Tuesday nights, when Jon Bielinski and Julia Hechanova will induct you into the art of wooden boat maintenance and care. Group dinners afterwards will have you coming back every week. boatnight@dolphinclub.org

Lightweight rowing shells have been racing at the club since our earliest

photo by Lu Ai



Boat Captain James Dilworth has discovered a new hobby.

days. Back then the designs were not too dissimilar to many of the open-water shells we use today. But in recent years, a new 'coastal rowing' class has grown in popularity. These boats are well suited to the rougher waters of San Francisco Bay. This class of rowing might even replace flat-water rowing for the 2028 Olympics. Will a 2028 Olympic gold medalist come from the Dolphin Club? They could. We're getting into the competitive spirit with Tuesday morning rowing races in preparation for the Sept. 19 DC-SERC Triathlon. Join us at shells@dolphinclub.org

If you once rowed in college, you might be more familiar with rowing as part of a bigger team. Our coastal quad/four is back out on the water and more crew members are sought to keep practices regular. crew@dolphinclub.org

Our six-oared barge Wieland is also back in service after a major refinishing. A ladies' crew is once again in training for the Triathlon. The team this year includes two new mothers, and two who are expecting baby Dolphins later this fall. To get involved email wieland@dolphinclub.org

The swim commissioners have recently refreshed the policies for 'Club Resourced Independent Bay Swims' (CRIBS). If you'd like to take part in small group swims around Alcatraz and beyond, you'll want to get involved in our swim piloting programs, too. We'll train you to pilot

swimmers using kayaks and rowboats, and how to operate our motorized craft. Friday morning test swims are a good place to learn these skills. Keep an eye on the mailing list for classes. Tim Kreutzen is our Chief Pilot and can be reached at pilots@dolphinclub.org

Our little spot on the Bay is a tremendous venue for boating. But it can be unforgiving at times and deserves lots of care and respect. Training and mentoring are a large part of keeping us safe. Traditionally, training has been delivered by a small handful of dedicated individuals. But we're a bigger club now and we need many more hands to make it work. If you have boating skills to share, or if you'd simply like to help others, please get in touch with the Boat Captain - boats@dolphinclub.org

You'll find much more information on all of these programs on our website. And stay tuned to the mailing lists for online training and more in the months ahead.

*Summer fog creeps in
Giddy wind, sunshine peeking
Bubbles trail fingers*

Carolyn Hui

SWIM RESULTS

Back in Focus

When Bay swimmers are inevitably asked what draws us to the cold water, I often hear reference to meditation. Breathe in, pull, breathe out, pull. Few sports fully envelop all five of our senses with such calming repetition. A brief respite from screens, desks, pings, responsibilities, and the noise of city living. On a recent foggy afternoon, I craved that focused time and headed out to the opening. With few swimmers in the water and a wicked strong flood, I put my head down and pulled hard. I found that meditative groove, aware of my surroundings, yet deep into my own thoughts. The flood seemingly had me swimming in place, so I focused on enjoying this moment of nature's power. Breathe, pull, breathe, pull, repeat.

However, I was quickly reminded of another form of nature's power, interrupted by a very loud, and very

close bark. I popped up to find a sea lion's toothy grin far too close for comfort. Several choice words flew out of my mouth and the adrenaline started pumping. I averted my eyes and turned my back as the massive creature ducked under me, only to pop up and lock eyes on the other side. More choice words may have been shouted as I turned again and looked for an exit strategy. Grateful for that quick flood ride back to the buoy line, I finished a few more laps, thankfully pinniped free.

It wasn't my first brush with our little swim buddies, and I know it won't be my last. But after the roller coaster of the past year, this encounter felt different. Getting out on the beach, I couldn't help but laugh with immense awe and fortune. There's nothing like cold water swimming to keep you in the present moment. Nothing like the Bay that makes me want to shout 'I AM ALIVE!' The cold, the swells, the Bay creatures are all a reminder of my tiny, unique,

fragile and privileged existence.

The world felt like a different place in our last Swim Commissioner Report. In the winter, we went ahead with planning a swim calendar, hoping and wishing they could happen. And here we are! It feels appropriate that the first club event of the year was Pride, a colorful, non-competitive swim shared with SERC. This season may be a short one, but it will be no less joyous. I don't blame you if you also feel compelled to shout 'I AM ALIVE' when you find your own slice of awe. It feels pretty damn good.

Our swim program takes major coordination and an incredible team effort from volunteers. Thank you to those members who regularly support our swimmers! If you are a regular club swimmer, please consider volunteering. To swim Golden Gate and Alcatraz, you will need two helps and one qualifying swim.

Kathleen Sheridan

Pride Swim June 26, 2021

This year's traditional Pride Swim, with the jump at Coghlan Beach, was the opening of the Dolphin Club's regular group swimming season. The swim was done in tandem with the SERC Pride swim. The finish order and the times were not captured: this swim was to celebrate the re-opening of the Dolphin Club as well as to celebrate our multi-cultural community. All swimmers finished. Comments were made about how fast the flood was and how much fun the swim was, also comments on how great it is to be back partying at the Dolphin Club. And swimmers, like the pilots and the helpers, are listed in alphabetical order: all Dolphin swimmers were recorded with a qualifying swim for the Golden Gate and for Alcatraz.

Swimmers:

Brian Abel, Jean Allan, Anne Barbaret, Michael Barber, Cynthia Barnard, Barry Baskin, Lindzy Bivings, Robert Blum, Nancy Booth, Paige Czelusta, Lisa Domitrovich, Kathleen Duffy, Pauline Farmer-Koppenol, Jim Frew, Marlin Gilbert,

Sheila Gleeson, Laura Grubb, Lewis Haidt, Anne Hamersky, Richard Haymes, Mia Hershiser, Terry Horn, John Hornor, Taylor House, Terry Huwe, Margaret Keenan, Kristina Kordes, Joel Kramer, Aniko Kurczin, Mark Lenz, Bobby Lu, Briana McCarthy, Timothy Melano, Cyrus Namdar, Andrew Nance, Keith Nelson, Kenneth Rahn, Derrick Rebello, Holly Reed, Lawrence Remstedt, Robin Rome, Denise Sauerteig, Michael Tschantz-Hahn, Zachary Walton, Rebecca Wolski, Janice Wood, Firat Yener

Pilots:

Holly Baskin, Nathaniel Berger, Natazha Bernie, John Blackman, Scott Cauchois, Paul Chong, Stuart Gannes, Joe Gannon, Steve Hanson, Simao Herdade, Libbie Horn, Doug James, Gavin Jefferies, Elizabeth Kantor, Brian Kiernan, Timothy Kreutzen, George Morris, Stuart Moulder, Jon Nakamura, Will Powning, John Robiola, Scott Stark, Kei Terauchi, Radha Tomassetti, Diane Walton

Helpers:

Brian Abel, Anne Barbaret, Nancy Booth, Matt Braithwaite, Steve

Carlson, Janine Corcoran, Peter Cullinan, Jonathan DePriest, Meg DePriest, Kirby Freeman, Joe Gannon, Richard Haymes, Terry Huwe, Margaret Keenan, Morgan Kulla, Kerry LaBelle, Margaret Martin, Andrea McHenry, Helen McKinley, David Nosrati, David O'Reilly, Hal Offen, Eric Shupert, Monica Towers, Kathy Wallace, Rebecca Wolski, Jesse Phalen

TEST

George Carvalho, Scott Cauchois, Peter Cullinan, Joe Gannon, Libbie Horn, Terry Horn, Brian Kiernan, Eric Lam, Tom McCall, Peter Neubauer, Hal Offen

Andrew Cassidy

My arm touching sky

Water, breath, smiles and sauna

Grateful for this morn

Denise Dugan

Pier 39 results July 18, 2021

The first post-pandemic timed group swim went from Pier 39 to Aquatic Park on an ebb tide, which carried the swimmers to fast finishes. Everyone was so glad to do a swim in the old pre-pandemic manner that the few minor glitches went unnoticed. Swimmers, Pilots, and Helpers all enjoyed a great day at the Bay.

| Place | Name | Time | LCP |
|-------|-------------------|-------|-----|
| 1 | Michael T-Hahn | 27:02 | 10 |
| 2 | Ken Schwarz | 27:34 | 9 |
| 3 | Chris Kelly | 28:32 | 8 |
| 4 | Steve Carlson | 28:49 | 7 |
| 5 | Don Thonburg | 29:17 | 6 |
| 6 | Cyrus Namdar | 29:32 | 5 |
| 7 | John Stassen | 29:52 | 4 |
| 8 | Joe Dinan | 29:58 | 3 |
| 9 | Matthew Dinan | 32:12 | 2 |
| 10 | Steve Hanson | 32:41 | 1 |
| 11 | Margaret Keenan | 32:46 | |
| 12 | Paul Chong | 32:50 | |
| 13 | Jean Allan | 32:58 | |
| 14 | Richard Haymes | 33:01 | |
| 15 | Mike Walsh | 33:11 | |
| 16 | David Nosrati | 33:18 | |
| 17 | Morgan Kulla | 33:38 | |
| 18 | David O'Reilly | 33:42 | |
| 19 | Alexander Mulder | 33:50 | |
| 20 | Gina Rus | 35:05 | |
| 21 | Hal Offen | 35:10 | |
| 22 | Janine Corcoran | 35:13 | |
| 23 | Kerry LaBell | 35:14 | |
| 24 | Peter Cullinan | 35:40 | |
| 24 | Robert Blum | 35:40 | |
| 26 | Marie Sayles | 35:47 | |
| 27 | Andrew Nance | 36:10 | |
| 28 | Joni Beemsterboer | 36:17 | |
| 29 | Nancy Hornor | 36:21 | |
| 30 | Anne Barbaret | 36:21 | |
| 31 | Peter Neubauer | 36:37 | |
| 32 | Denise Sauersteig | 36:50 | |
| 33 | Keith Nelson | 36:58 | |
| 34 | Bobby Lu | 37:00 | |

| | | |
|----|------------------|-------|
| 35 | Kathleen Duffy | 37:01 |
| 36 | Firat Yener | 37:20 |
| 37 | Lisa Domitrovich | 38:33 |
| 38 | John Hornor | 38:39 |
| 39 | Elizabeth Ozer | 48:41 |
| 40 | Emily S-Nogue | 38:47 |
| 41 | Bianca Liederer | 39:38 |
| 42 | Robin Rome | 40:00 |
| 42 | Rick David | 40:00 |
| 44 | Kent Myers | 41:43 |
| 45 | George Carvalho | 41:50 |
| 46 | Will Powning | 41:52 |
| 47 | Cynthia Barnard | 42:35 |
| 48 | Sheila Gleeson | 43:35 |
| 49 | Mark Harrold | 44:05 |
| 50 | Mickey Lavelle | 44:42 |
| 51 | Carolyn Hui | 46:08 |
| 52 | Rob Ross | 47:46 |
| 53 | Phil Gaal | 47:47 |

Pilots:

Eliana Agudelo, Marcus Auerbuch, Nathaniel Berger, Ken Coren, Peter Depenaloza, Quinn Duffy, Jim Frew, David Haskel, Mia Hershiser, Libbie Horn, Terry Horn, Diane Jackson, Brian Kiernan, Timothy Kreutzen, Robert Martinez, Tim Melano, Nanda Palmieri, Eric Shackelford, John Thorpe, Diane Walton

Helpers:

Jean Allan, Anne Barbaret, Michael Barber, Joni Beemsterboer, Robert Blum, Steve Carlson, Andrew Cassidy, Peter Cullinan, Kathleen Duffy, Nancy Friedman, Jeanne Hallacy, Richard Haymes, John Hornor, Nancy Hornor, Frederick Huang, Tom Hunt, Terry Huwe, Mara Iaconi, Chris Kelly, Shay Klevay, Joel Kramer, Jean Lamming, Mark Lenz, Andrea McHenry, Helen McKinley, Ken Miller, Kristofer Milonas, Cameron Morris, Andrew Nance, Keith Nelson, Peter Neubauer, David Nosrati, Hal Offen, Elizabeth Ozer, Holly Reed, Lawrence Remstedt, George Robin, Jamie Robinson, Marie Sayles, Susan Saylor, Eric Shupert, Andy Stone, Monica Towers, Mike Walsh, Crissa Williams, Janice Wood, Firat Yener

Test swim:

Eliana Agudelo, Andrew Cassidy, Peter Cullinan, Jim Frew, Holly Reed, Kathleen Sheridan, Lindzy Bivings, George Carvalho, Peter Depenaloza, Joe Gannon, Chris Germain, Brian Kiernan, Timothy Kreutzen, Tom McCall, John Robiola, John Stassen, Radha Tomassetti

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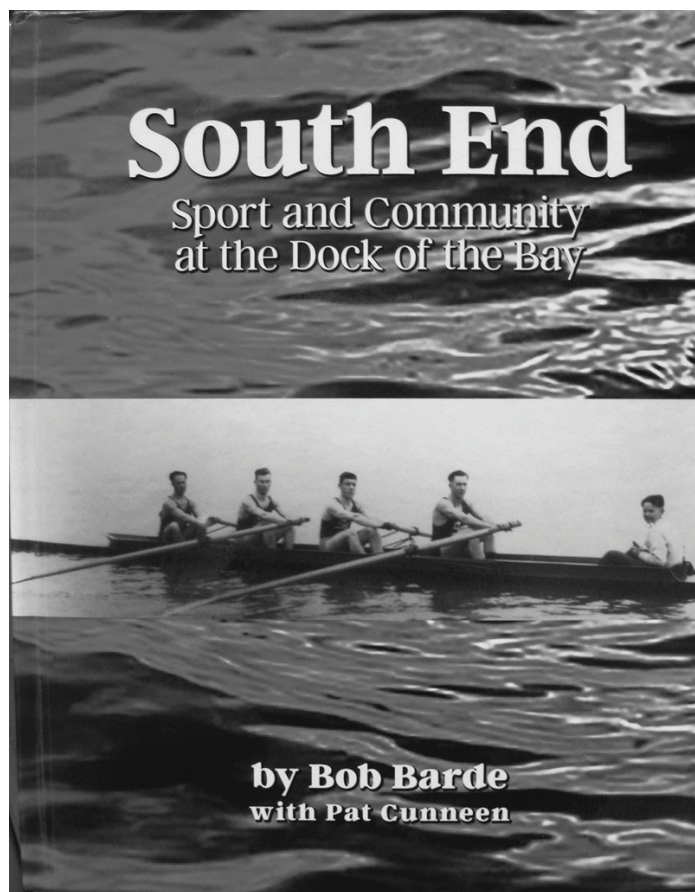
COMPASS

South End: Sport and Community at the Dock of the Bay by Bob Barde (Gibbons Press, 2019) 574 pages.

Walter Schneeбели was the Dolphin Club's first historian. Walt joined the club in 1948 as an avid swimmer. And, perhaps because one of the two key founders of the club, John Wieland, was a famous brewer and Walt's long-time hobby had been collecting old beer bottles, he soon also became fascinated by Dolphin history. He was especially interested in the lives of the 25 charter members, and after he retired from the Academy of Sciences, he spent his days in the Sutro Library and the State Library in Sacramento, among others, looking through old microfiche copies of San Francisco and regional newspapers. Any mention of a Dolphin, no matter how obscure, was noted, xeroxed, added to his massive catalog, and filed away for some prospective writer to incorporate into a future history.

A number of members sat at the foot of the oracle with hopes of becoming the anointed scribe. Among them were Bill Pickelhaupt, Sid Hollister and yours truly. But none met Walt's demanding criterium. Pickelhaupt was more interested in a history of Bay Area rowing, while Hollister wanted to put the club in the context of the times. Neither was what Schneeбели wanted. But Sid never gave up and is currently compiling a history of the Dolphin Club, at least up to the 1906 earthquake. His first installment appeared in the Log last Spring. More are in the works.

Meanwhile, a new member of our adjacent neighbor, Bob Barde, an amateur historian recently retired from U.C. Berkeley, took on the momentous task of recording the South End's history. After a few years, he produced this tome



describing the personalities and performances that constitute that club's history. Notable among them is the legendary George Farnsworth who discovered, and often frequented, the "gap" at the end of Muni Pier. Copies of *South End* are available in the Dolphin archives and at local libraries.

Barde graciously includes a chapter on the club next door, which is focused mainly on trying to tease out the differences in the respective cultures. It can be summed up as one club obeys the rules and one doesn't. (I think we know which is which.) What both clubs have in common is that unlike the rowing clubs in the East, their members were not among the elite. They were sanctuaries for the working man. There's a long account of the faltering acceptance of women a hundred years after the clubs were founded. There's also an interesting chapter on handball, a popular 19th and early 20th century sport. Moreover, between the two

world wars, rowing had lost much of its appeal, and during the 40s the army had taken over Aquatic Park and discouraged swimmers. The active solution was handball, a sport that requires minimal facilities or apparatus, just a sinewed physique and the ability for the muscles to recover relatively quickly from an activity that requires constant, sudden explosions of speed. It was very popular in both clubs after 1945, but especially at the South End, which had, and has, two courts.

Many Dolphins will be tempted to look at the clubs' origins. The South End had two beginnings, whose respective dates bracket those of the Dolphin Club (1877). The earliest was the South End Boat Club Association (1873), a date now proudly displayed on the building's exterior. The following year, all mention of the South

End disappeared from the annals of the San Francisco Chronicle, which regularly reported on the activities of the rowing clubs.

What happened? According to Bill Pickelhaupt, the South End bet the farm on a race with the Pioneer Club on St Patrick's Day 1874. With Charles Brown, the West Coast champion, among the South End crew, they were confident of victory. Overconfident as it turned out. Something went badly wrong mid-race, the South End lost, and the club subsequently disappeared. Some of its erstwhile members helped form the new Neptune Club, then six years later, in 1880, a small notice in a San Francisco paper announced that a new South End Rowing Club had emerged from the ashes. Note: On a plaque in the SERC are listed all the club's presidents including the years 1875-1879, when neither the old nor the new club existed.

Keith Howell

Thanks to the generous donations from all of you, we're two-thirds of the way there!

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Hiding the Water Resource

Joe Illick



In 1934, the year of my birth, the Hetch Hetchy reservoir – created by damming the Tuolumne River at the west end of the Hetch Hetchy Valley in Yosemite National Park – began delivering water 167 miles away to the city of San Francisco. It was a controversial action, for the extraordinarily beautiful valley, now water-laden, may have been the utmost range for rainbow trout in the river, now blocked by the dam. And, additionally, native Americans had summered in the valley for six millennia, managing its plant and game resources and carrying much away for trade and for winter use -- now impossible. San Francisco, long searching for water after the 1906 earthquake -- when its scarcity was blatantly evident -- had turned to the federal

government and obtained, through the Department of the Interior, the right to develop the Tuolumne, provoking a struggle with the newly founded Sierra Club that persists to this day.

Undeterred, San Francisco provided the materials for building a dam, finished in 1925, and water was ultimately delivered through the use of aqueducts, tunnels, hydroelectric plants and storage dams, a huge complex labeled the Hetch Hetchy Project, administered by the San Francisco Public Utilities Commission. (The Tuolumne provides 85% of SFPUC water. The SFPUC serves 2.7 million out of 7.8 million Bay Area residents. The majority of residents in Santa Clara and Alameda counties

get their water from other agencies.) The SFPUC also provides secondary treatment to storm water and sewage before discharging it into San Francisco Bay and the Pacific Ocean.

You may recall that less than a year ago the SFPUC chief resigned when faced with federal charges of taking bribes from a contractor, a situation that was only a piece of a corruption scandal at City Hall. But that is not the issue that focused my attention on the SFPUC. Rather, I happened on a recent film, “River’s End: California’s Latest Water War,” that dealt with who gets fresh water and



Sockeye salmon heading upstream in headier times

how. Viewers were encouraged to attend an online Q & A session run by the Sierra Club a few days later, which I did, there to encounter a panelist, the recently arrived senior scientist for Baykeeper, Jon Rosenfield, a conservation biologist concerned with such matters as endangered species protection and improving conditions for wildlife and commercial fisheries in the Bay area and up through the Delta.

Naturally, Rosenfield is concerned with the state of the diminishing Tuolumne River and its declining fish population. San Franciscans have done a good job of conserving water, but in his judgment “the SFPUC does not account for that water savings in the planning around operations of its storage reservoirs (Hetch Hetchy and New Don Pedro) on the Tuolumne River. As a result, the water SFPUC customers save does not benefit the river.” In fact, SFPUC has two lawsuits against the State Water Board, lawsuits that “are intended

to prevent SFPUC from having to release additional water from its dams to comply with state water quality standards intended to benefit the river, its salmon, or water quality in the San Joaquin River and southern Delta, to which the Tuolumne drains.”

Already the City and Central Valley agriculture drain 80 percent of the Tuolumne’s Winter-spring flow (over 90 percent in very dry years), but the City expects to take more in the future, based on inflated estimates of population growth (much higher than estimates put forward by other local agencies and even by the City’s own Department of Finance).

Indeed, when considering the future, the SFPUC, according to Rosenfield, lives in an unreal world. “California just came out of a severe five-year drought that devastated fish and water quality in San Francisco Bay and its tributary rivers; we’re entering our second drought in ten years. And yet, SFPUC staff consider serious investment in alternative water

supplies to be optional, not required! That’s ludicrous -- other California cities, including Los Angeles, San Diego, and San Jose, are miles ahead of San Francisco when it comes to planning for water supply reliability during droughts; those other cities are investing heavily in water recycling while San Francisco’s water recycling rate is pathetic by any standard.” (Currently, San Francisco recycles 0.1 million gallons/day out of c. 66 million gallons/day water use.)

Before consulting with Rosenfield, but after viewing “River’s End”, I had reached out to the SFPUC and, hardly to my surprise, received a rosy view of its staff work. When I confronted the Commission with Rosenfeld’s perspective, I got no response whatsoever. Hard enough, I suppose, to face up to corruption at the top. Now to be challenged on their practices. Silence tells a tale of its own, but not one that can make us confident.

PRESIDENT’S REPORT - Ward Bushee

So much outstanding work was done by Dolphin Club committees during the pandemic, but no committee did more ground-breaking work than the People and Culture Committee. The project was approved by the DC Board in 2020 during the pandemic shut down, and the committee was off and running. Central to the project goals were to find ways to better embrace and encourage broader diversity within the club walls and to envision a club culture in which all members—and future members-- could feel welcomed, comfortable, and heard.

The programs created by the committee largely met those goals, and they have been inspiring. But much of the work of the committee took place when the club was closed, and still may not be fully understood by all members. One of the committee’s primary members is Eric Lam, who many members know from his work as a rowing instructor, Boat Night mainstay, and frequent volunteer. Eric agreed to this Q&A with the hope of further illuminating members on how the P&C Committee work will make the club better.

WARD BUSHEE: *Why is the People and Culture Committee important now*



and in the future?

ERIC LAM: The club means different things to different people and it’s great that there are many ways members can find their place here. However, it should never be a place where people feel unwanted or unsafe because they are different. Laying the foundation now for how our community welcomes a more diverse group of people will only make the Club better.

WB: *How do the behaviors of awareness, understanding and respect create a healthier club culture for everyone?*

EL: Sometimes we encounter someone in the sauna whom we’ve never met. Having a little bit of awareness and understanding in that moment can mean the difference between a lifetime of friendship or a lifetime of awkward interactions—or worse, decades of resentment. It’s also nice to think that as we walk around the club—in sometimes very vulnerable moments—that we can give and expect mutual respect and dignity.

WB: *What can you tell our members to help them better understand the committee’s core priorities such as The Membership Accountability Program (MAP), Peer Support and Positive Representation?*

EL: Because we couldn’t be in the club physically during Shelter-in-Place we decided to focus our efforts on foundational work, policies that could help us when we came back together to know how we want the physical space to look and feel. MAP was developed to bring transparency to how we as a community deal with conflict between members. The Peer Support Team, a small team of member coaches, is a part of that. The

PRESIDENT'S REPORT (continued)- Ward Bushee

Positive Representation initiative will make sure we see the faces of our full community represented on club walls.

WB: *If there is a conflict that is brought to the committee, how will it be resolved?*

EL: To be clear, the committee will not handle issues of conflict. If members need help resolving a conflict they can get in touch with the Peer Support Team. Privacy and sensitivity in these situations are taken very seriously and we've set up a process and a separate, smaller group to help take care of that. They can refer to the Membership Accountability Program and specifically the section about the Peer Support Team. Members also can contact the team at peersupport@dolphinclub.org.

WB: *Knowing people are wary of new things, what would you tell members who might be hesitant or reluctant to embrace the work done by the P&C Committee?*

EL: I would say that we're not out to get anyone. We're just trying to raise the level of awareness of every member and create a forum where we can talk about issues of culture and welcoming. If anyone is curious about what we're doing they can attend our monthly meetings and just listen in or bring something they'd like to discuss.

WB: *Have other organizations such as the YMCA in the Bay Area created diversity programs to improve the culture for members?*

EL: The YMCA has actually been very vocal in their support for more education around creating a welcoming and more diverse culture during the



Eric Lam Rowing Commissioner and member of People and Culture Committee

past year. Their website and blog have a lot of great resources for thinking about culture and diversity.

WB: *What will members see and experience at the club this year thanks to the work of the committee?*

EL: For starters we've implemented MAP and formed the Peer Support Team to help members resolve conflicts safely and privately. We've also worked with "Life Theatre Services," which hosts an "Unconscious Bias" workshop. Also, members can now see news and announcements from the committee in a newly created space on the front-door entryway bulletin board. Next, we will be looking at how to help new members get acquainted with the

nuances of the club, such as finding a swimming or rowing buddy.

WB: *What has inspired and motivated you as a key member of the People and Culture Committee?*

EL: I joined the Dolphin Club at a low point in my life when I needed something to do. I fell in love with working on the wooden boats, learning to row, and piloting swims. It's a place that's allowed me to grow and achieve things I never thought I could. However, not everyone feels that they can find a place here and I want to make sure we've done everything we can to make people feel welcome.



Members of People and Culture Committee on Zoom call. Top row Kei Terauchi, Eric Lam, Michealynn Meyers, Rebecca Tilley. Bottom row Eric Schakleford, Karen Heisler (Chair), Claire Tapanier, Anne Hamesrky. Not shown: Catherine Breed, Wendy Kordesch, Suma Snehalatha, Diane Walton, Sid Hollister, Danny DeLeon



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2021 PANDEMICS DOLPHIN CLUB SWIM & EVENT SCHEDULE

| | | |
|--------|--------------|--|
| Jan 1 | Fri TBD | *New Year's Day Alcatraz |
| Jan 1 | Fri TBD | New Year's Day Cove Swim |
| Jan 23 | Sat 8:45 am | *Pier 41 |
| Feb 13 | Sat 9:00 am | *Gas House Cove |
| Feb 14 | Sun TBD | Old Timer's Lunch |
| Mar 7 | Sun 8:30 am | *Pier 39 |
| Mar 21 | Sun 11:00 pm | End of Polar Bear |
| Apr 25 | Sun 8:00 am | *Yacht Harbor |
| TBD | | McCovey Cove Regatta |
| May 9 | Sun 8:30 am | Walt Schneebeli Over 60 Cove |
| TBD | | Rowers Festival |
| Jun 1 | Tue 5:00 am | 100-Mile Swim Begins |
| Jun 26 | Sat 10:30 am | *Pride Swim |
| TBD | | Baykeeper Relay |
| Aug 15 | Cancelled | *John Nogue Swim for Science Pier 15 |
| Sep 18 | Sun 9:00 am | Dolphin/South End Triathlon |
| Sep 26 | Sun 9:30 am | Escape from Alcatraz Triathlon |
| Oct 3 | Sun TBD | Swim Across America |
| Oct 24 | Sun 8:15 am | *Alcatraz |
| Oct 30 | Sat 9:15 am | *Joe Bruno Golden Gate |
| Oct 31 | Sun 9:45 am | *Joe Bruno Golden Gate |
| TBD | | Angel Island Regatta |
| Oct 31 | Sun 11:00 pm | 100-Mile Swim Ends |
| Nov 13 | Sat TBD | Pilot Appreciation Dinner |
| Nov 25 | Thur 9:00 am | Thanksgiving Day Cove |
| Dec 18 | Sat 10:00 am | New Year's Day Qualifier & Holiday Brunch |
| Dec 21 | Tue 5:00 am | Polar Bear Swim Begins |

ROWING TRAINING
These Saturdays at 9:00 am
January 23
February 20
March 20
April 24
May 22
June 19
July 24
August 21
September 18
October 23
November 20
December 18

***CANCELLED-Intro to bay
swimming usually offered
on the Saturday or Sunday
following the monthly Board
Meetings, check website www.dolphinclub.org***

SWIM PROGRAM RULES

1. Club scheduled swims are restricted to club members, who are current on their dues and fees and in good standing.
 2. Swimmers must have current USMS membership, or USA Swimming membership, as appropriate and abide by each organization's rules and requirements.
 3. Swimmers are required to wear orange caps on all scheduled swims.
 4. Swimmers cannot use swim aids including fins and wet suits, on any timed scheduled swims.
 5. New members are not eligible to swim in scheduled out-of-cove swims for either 6-months from the start of their membership, or before successfully completing the 100-mile swim, the Polar Bear swim, or the Accelerated Out-of-Cove process.
 6. All out-of-cove swims require a pilot:swimmer ratio of 1:3.
 7. Time limits may be imposed at the discretion of the Swim Commissioner(s).
 8. All Club boats are reserved for scheduled swims. Co-pilots are encouraged. Riders are prohibited.
 9. Swimmers must register during check-in and attend the swim briefing in order to swim.
 10. To swim Golden Gate or Alcatraz, members must successfully complete at least 1 qualifying swims and 2 helps on at least three swims.
 11. Out-of-town members must have successfully completed two of the last three club scheduled Alcatraz and/or Golden Gate swims or meet Rule 10 above.
- (Nothing in the above rules shall contravene any applicable Federal laws and statutes.)

Alcatraz Island
1.4 miles

*All times are approximate & subject to change.
TBD means "to be determined".*

Fort Point
3.5 miles

Crissy Field
2.5 miles

Yacht Harbor
1.5 miles

Gashouse Cove
1 mile

Aquatic Park Cove

Pier 41½
1.2 miles

Pier 43
1 mile