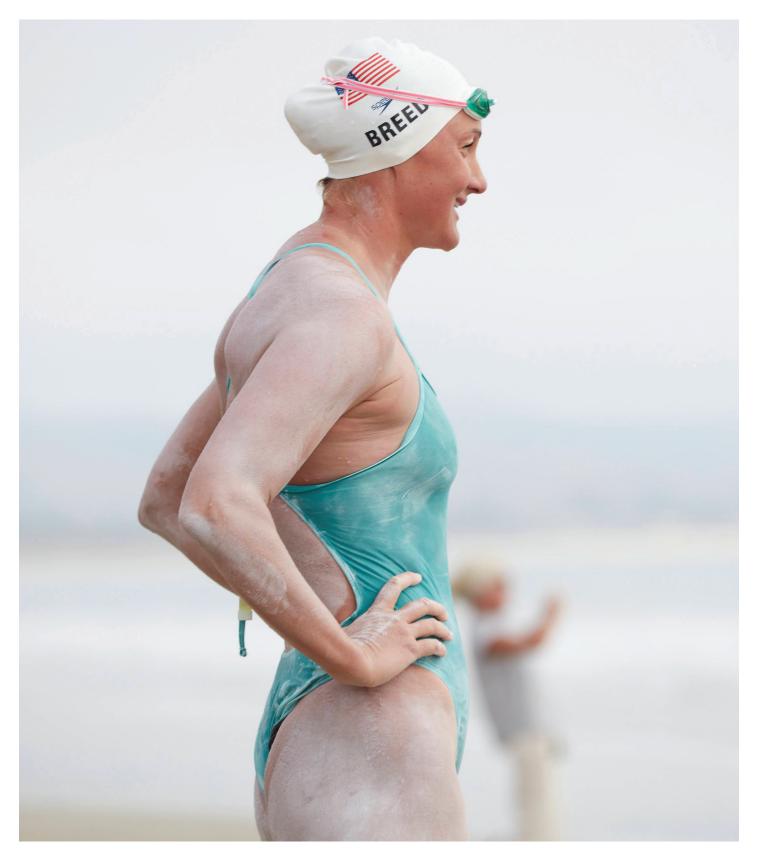
FALL 2022

# DOLPHIN M LOG

THE BULLETIN OF THE DOLPHIN SWIMMING & BOATING CLUB • SAN FRANCISCO • ESTABLISHED 1877



## Once'Round the Cove

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Leonard Boat Night: Jon Bielinski, Julia Hechanova

## News from the Archives

"Take A Look in the Archives" folders on the CatalogIt HUB highlight a theme or a member. There are two new "Take a Look..." folders, one for each locker room.

The first showcases the 112 decorated tiles in the women's shower. Apart from the nine tiles in "A Shower of Thanks," each represents a \$500 donation in 1999 toward the locker room renovation. Project architect Lee Hammack provided a scan of the placement diagram and a list of donors. The second new folder displays 34 artworks in the men's locker room. Take a look!

In the last Log, I described the elaborate and amusing menus from social events in the early days, based on materials in the Ephemera folder. But the list of venues of these amazing parties also links the club to city history.

Until the mid 1920s, Dolphin dinners and parties took place at large restaurants and event spaces. Among the most frequent venues were The Old Poodle Dog Restaurant downtown on Bush, and the Majestic Hall on Geary at Fillmore. Search the Ephemera folder for club events at these venues.

The Poodle Dog piqued my curiosity. This was the name of an extremely popular French restaurant, with various owners and locations. The first opened in 1849 and the last closed in the mid-1960s. The name likely came from American customers' inability to pronounce the original name Poulet d'Or (or maybe from a pet poodle!). By the 1890s it was "a five-story dome of pleasure." For more information, see *California* State Library Foundation Bulletin No. 85, 2006.

The Majestic Hall and Academy of Dancing, opened in 1912, was a popular event venue for many years. By 1965, Bill Graham rented the hall, renamed Fillmore Auditorium, and "the rest is history." The building is still there.

Also in the last Log, I noted that Club Secretary Earl Burke, in his invitation letter to the first Club Gate Swim in 1917, enticed members to the Club swim, so not to "get lost among a regular Bulgarian army of contestants" in the Examiner swim. What did this mean? I got suggestions from some members, contacted an American professor who is the US expert on the Bulgarian army, consulted the classic *"The History of the Great European War"* by W.S.M. Knight, and other WWI websites.

While there is no way to know what Earl Burke had in mind, I think the most plausible explanation is this. Courted by both sides, Bulgaria did not join the war until late 1915 when they lined up with the Central Powers. The Bulgarian army was formidable, blocking Allied advances in the Balkans theater until 1918. And, their army was large, with a very high mobilization rate, the 12%-13% of total population, so by 1918 virtually every man of draft age was in uniform. Nicknamed "Johnny Bulgar" by British soldiers, a postcard of the era reads: "Ĝood Bye Pat, When you meet the Bulgars, knock the 'L out of them!"

Who knew??? All this is why the Archives is so fun!

#### Morgan Kulla

#### Other Athletics

DC/SERC TRI Captain: Catherine Breed EFAT: Gina Rus Handball Captain: Paul Brady Running Commissioner: Anna Olsen Weight Room Captain: Deborah Sherwood

**Lockers** Women's Captain: Jane Mermelstein Men's Captain: David Zovickian

#### **Club House**

Gardens: Susanne Friedrich, Andy Stone Deck Landscape: Steve Krolik Green Team: OPEN Pier & Deck Hands: Stephan Crawford

#### Social

Entertainment Commish: Robin Rome Club Mixer: Todd Bloch, Nanda Palmieri DC Forum: Joe Illick Ukulele Club: Carolyn Hui

#### Communications

Comm Committee: Diane Walton Facebook: James Dilworth Group.io: Ward Bushee Instagram: Anne Hamersky Twitter: Nancy Friedman Website Manager: Laura Croome

#### Lost & Found

Club & Women's Locker Room: Piper Murakami Men's Locker Room: Hal Offen

#### Other

Dolphin Foundation: Davis Ja DC Youth Swim Fund: Aniko Kurczinak Fundraising Committee: Anthony DuComb, Robin Rome Government: Ward Bushee, Ken Coren, Diane Walton Renovation Committee: John Hornor, Peter van der Sterre, Ward Bushee Save Aquatic Park Pier: Diane Walton Swag: Andrea Morgan

## Calling All Dolphin Artists

Step up and show your art in the Main Boathouse for a month! We welcome members' two-dimensional art, textile art, photographs, and other media. No need to be a professional artist. Application/waiver form with details is available in Files section of groups.io, folder "2022 Art."

Contact Laura Atkins or Morgan Kulla for information.

## The Unstoppable Sunny McKee

A fter taking 1st place in her age group and the oldest person to finish Ironman Alaska in August, Sunny McKee (Graphic Designer of the Dolphin Log) qualified for the 2022 Ironman World Championships in Hawaii. Eight weeks later she finished 5th in her age group 70-74!

#### Excuses, excuses

ristoffer Milonas didn't get to the club in time to register for the Alcatraz Swim last month. The reason? While cycling across the San Rafael Bridge on the way, he saw a fellow cyclist dismount, rest her bike, and start to climb over the railing. Kristoffer stopped to talk and persuaded her not to jump.



The newest Dolphins. From left, Adrienne Harrold, Owen Pon Harrold (born March 23), Mark Harrold, Ben Faw, Benjamin Taylor Hansun Faw II (AKA Benjie) (born July 30), Julia Yoo, Sarah Springwater, Theo "Teddy" Nalle Springwater (born Sep 25), Ben Springwater

## In Memoriam

#### Milan Odehnal 1957-2022



After a three year battle with brain cancer, Milan Odehnal passed away on June 20th, 2022. He was 65. Milan battled courageously and with good humor, surviving three brain surgeries, two rounds of chemo/ radiation and even enduring a stroke in May 2021, which paralyzed his left side. In spite of the setback Milan persisted on for another year, fueled by his desire to spend time with his 4 year old grandson Thomas, and via the support of his friends (many Dolphin Club members) and family. He would eventually succumb to another tumor, and he passed peacefully surrounded

by family. He is survived by his sister Kamila Korbelova in the Czech Republic, his daughter Jana Odehnal, his son Petr Odehnal, grandson Thomas, and his wife Marinette Magallanes.

Milan and I used to swim together most mornings, often meeting up at the opening to compare our plans or contrast our politics. Then, sometime in 2018, he started to complain about brain fog, about feeling unfocused. Eventually, he got the problem diagnosed and his life started to fall apart, but he still had the energy to play devil's advocate, teasing the nine o'clock liberal sauna set. So it was something of a surprise to hear, after he became bedridden following his stroke, that two of his erstwhile massage clients, Paul and Nancy Pelosi, insisted that he should stop worrying about the cost of his full-time care: they would take care of it. "I can't think of a better way to spend our money." Both Pelosis attended Milan's memorial service at the club. Two weeks later, Paul became famous.

Milan once played goalie for the Czechoslovakia Youth Soccer Team, and so got to travel to the West before most of his countrymen—including his coach, who would lecture the boys on the evils of capitalism in countries the coach had never seen. But Milan had and so, years later, he risked his family, his wife and two young children to hide in the forest and slip across the border into Austria.

Milan was ever the consummate sportsman. An active tennis player, he would closely follow both international tennis and European soccer, and go scuba diving all over the world. He was planning a diving trip to the Philippines when the fatal diagnosis came.

Although I had seen Milan in the locker room in the months after he joined the Dolphin Club in 2000, I had never spoken to him. When my wife and I pulled into a Prague railway station that summer, we were met by a man trying to persuade us to stay in his vacant apartment. We had already pre-booked a room, but when that hotel proved lacking, we called the number we'd been given, and the man from the station drove to the hotel. He suggested we talk in the car where his driver was waiting. Small talk elicited that we were from San Francisco. "So is my driver," he said. Sitting behind that driver, I couldn't be sure, but I asked him, "Are you in the Dolphin Club?" It was Milan.

#### Robert Cervarich 1933 - 2022



Best known to old friends as "Cadillac Bobby," Robert Mario Cervarich was born in Bozava, Croatia. As a teen, he and his mother immigrated to San Francisco where they rejoined his father. He graduated from Galileo, then joined the United States Air Force as a mechanic, and later became a bartender at Bimbo's 365 Club, where he met the love of his life, Ellen Weidmann, and a BART Station Agent at Montgomery station. He greatly enjoyed betting on horse racing throughout the state. He was a life member of the Dolphin Club. He is survived by his wife of 55 years, Ellen, and their two children: Karen (Mick) Donnelly, and Mark (Vale) Cervarich, and his grandchildren, Ciara (Chase), Fiona, Oscar and

#### Barbara Ann Dykas 1938 -2022



"Bobbie", was born in Milwaukee on March 23, 1938 and died June 16, 2022. Bobbie was the youngest of seven siblings. She moved to San Francisco and was employed at St. Mary's Hospital for her professional life. Her nursing skills were diverse and provided care in the intensive care unit, emergency department, respiratory care unit, and the AIDS/ oncology unit, becoming the head nurse. She was a favorite of the patients she cared for, many requesting her by name. As devoted as she was to nursing, she found time to travel and entertain. She was a great cook and loved to introduce her guests to such dishes as homemade sausage, Bishop's bread, tongue, liver and others. She traveled extensively on her own or with friends, or members of the Sierra Club. Bobbie was an environmentalist before it became fashionable. She considered the bears and wolves in Alaska, the manatees in Florida, and dolphins and seals in the San Francisco Bay as some of her best friends. She swam in the San Francisco Bay, several days a week throughout the year. While she survived the Loma Prieta earthquake in 1989, her home did not. Bobbie will be sorely missed by family and friends but will be comforted to know she had a happy and meaningful life. She is further survived by brother Joseph Dykas and many nieces and nephews. Donations can be made in her name to SF SPCA.

Michael Ritter 1955-2022



Michael Ritter, 67, Clinical Counselor Emeritus at San Francisco State University, died during a routine swim at China Beach on September 16th, only weeks after joining the Dolphin Club. Michael was a long-time social justice activist, advocating for LGBTI+ individuals, immigrant communities, first-generation college students, and had created Prevention Education Programs focused on substance abuse, HIV/AIDS, mental health, and sexual violence at SFSU. Michael was an experienced open-water swimmer, having completed seven Alcatraz swims with the Swimming for Sueños Dream Team to raise scholarship funds for undocumented students [gofundme. com/f/Continue-Dream-Presente]. He had recently begun swimming without a wetsuit, and was training that night for the October 1st annual fundraising swim with a small group of Dolphins and other swimmers.

The group ran into an unexpectedly strong ebb and high waves while returning to China Beach from Deadman's Point, stretching the planned 30-minute swim into over an hour. 911 was called for those who were able to reach China Beach, but Michael was struggling in the water and was pulled out by a fellow Dolphin Club member who was swimming near him to Hidden Beach, a small strip of sand a short distance west. After administering CPR, she swam back to China Beach, and five SFFD rescue swimmers then swam to Hidden Beach and were able to bring Michael to a waiting Coast Guard boat. He was treated on board and rushed to Marin General Hospital, where he was placed on a respirator, a chest compression device, and his blood was circulated through warming machines. They tried to resuscitate him for over 4 hours and when no pulse could be found, a decision was made to stop treatment.

At a recent memorial for Michael hosted by his husband, Peter Toscani, friends, family, neighbors, colleagues, students, and fellow swimmers spoke about his kindness, his ever-curious mind, the joy he found in swimming, his love of travel and cooking, and his great value as a friend and mentor. They all expressed gratitude for having known and loved him. Peter was quoted in an earlier SF Gate article: "I cannot think of one instance where he talked cruelly about anyone. He was a model of morality." The October 1st Alcatraz fundraising swim was dedicated to Michael, swum by fellow Dolphins Karla Castillo, Nancy Jodaitis, Fasica Alemayehu, José Carrasco and piloted by James Dilworth with kayak support by Radha Tomassetti and Terry Whalen. Michael's swim pod has been devastated by the loss and would appreciate not being asked questions about the details of this tragic event.

## Putting the Magic Back

By Catherine Breed



Passing Pedro Point with Scott Atkinson and Hyperfish support boat

have not figured out if it is soul and passion, or curiosity and naivety, which leads one to set their sights on big goals. Did passion come first? Should I see how far it would take me? Or was it a curiosity for what I could accomplish?

I think it was a little of both. It was a deep-rooted relationship and love for the ocean that set me on my path to enter the world of open-water swimming. But then it was curiosity that kept the goals coming, even though in the years following my naïve swim across Lake Tahoe in 2017 the magic has been lost. Instead, I became focused on speed, records, and succumbing to the innocently placed pressure of those around me. The questions — "What's next?;" "Did you win?;" "I thought you would have gone faster" — became my measurements of success. I equated not setting a record, or a slow time, to failure.

So I took 2021 off from any big swim goals and was able to play and find joy in being a beginner again, and the process of doing my best. I stayed on land exploring mountain biking and skiing, until the ocean quietly started calling me back. By August, I was ready to go after a three-year-long dream swim. I texted David Holscher: "Let's start planning." The ball was in motion and now it was time to train. I



The final stretch around Pillar Point

relied on the accountability, grit, and perseverance I had gained from my prior swims, and quickly felt myself falling back into a routine. I kept this new goal close to my chest because I wanted to make sure I was doing this one for me.

September 2022: I made the announcement that I was going to attempt to swim 27 miles from the Golden Gate Bridge to Half Moon Bay, a stretch of water all of us Dolphins are familiar with, and would typically avoid.

It is big ocean water. Sharks find a home in this stretch of coastline. The currents, when in your favor, move a swimmer like a conveyor belt

south, but when they're against you, will send you back from whence you came. The water temperature is constantly shifting, preventing your body from truly acclimating. However, I wanted to try something that might be impossible. I wanted to do something purely for the adventure, and what could be a better and more beautiful stretch of coastline to attempt it?

The water under the Golden Gate Bridge raised me. I regained a relationship with my father, learning how to surf in the Pacific Ocean. I surf Ocean Beach with some of my best friends, and I have



Hugging Sarah Stoker while the crew high fives HMB California State Lifeguard Jason Stark

my sights set on surfing Mavericks. We would raise close to \$5000 for The Marine Mammal Center and humpback whales — whales that, as a child, I used to watch and listen to from a boat. My past, present, and future were all connected in this unconquered stretch of coastline that had no time to beat. The goal was to be safe, have fun, and do the damn thing.

On September 16, I jumped from under the Bridge at 4 am, and started out in the eerily orange fog, dodging fishermen as they started their day. The water was quiet and still as the current moved me quickly to Pacifica about 16 miles south. A week before, an adult 14 ft white shark was caught on camera here. But I was accompanied by a boat, a kayaker, and a jet ski, so any shark would have to have been extremely bold, but an uneasiness still sat in the pit of my stomach. Early morning gave way to glassy waters, with only the occasional jellyfish bobbing below me, and a sliver of sunrise peeping over Daly City. I looked at my friend Sarah Stoker, beside me in her kayak, and started laughing with a joy that comes from deep within. "We picked the perfect day!," I proclaimed, and got cheers in response.

"I get to spend an entire day swimming down the coast of California, how cool is that?" I thought. The magic was coming back.

As we got to Pedro Point I sat in an eddy and didn't move for an hour. I increased my stroke rate — I had been in this place

before and I knew how to dig deep. Mother Nature wasn't winning this one. I pushed past it at the cost of getting a terrible pain from my left shoulder right down my arm. I had been in pain before, I would keep going, and if I couldn't then I would go with one arm. But doing the math, which was going to make this swim 16 hours, I started to panic. My crew quickly appeased any worry and just told me to "keep swimming." The coast was passing us, or rather we were passing it, and I kept focusing on the incredible team I had on my boat — people from all walks of life, friends that are family. Eleven humans who wanted to support this iourney.

I finally made it to Pillar Point and all I could feel was joy. I sighted on a buoy, a large white golf ball, while dodging a glorious bull kelp forest, admiring the depth of this aquatic flora. Then, rounding the corner, where I have sat on my board watching surfing's best try to tame Mavericks waves, I felt this sense of peace and quiet pride.

I emerged at Surfers Beach before a crowd of fifty or more, mostly strangers, who wanted to see this woman covered in zinc emerge from the water. This water meant something to them, too. The water connects us all. As we cleaned up at the dock, I got a photo with Peter and John Mel, Greg Long, Grant Washburn, and some of Mavericks' legends — that photo alone almost made the whole swim worth it...#fangirlmoment

This swim was possible because of every person on the boat who filled their roles. Because I was prepared, having spent nine months being accountable to my training plan, I could push through the hard moments with grit. Quitting was never an option because perseverance wouldn't allow it, but mostly because I had finally reminded myself how to swim with my soul. I had found the magic.

Photo by: 2022\_PhilipHarvey.com



Kissing the MVP of the day, boyfriend Cody Normyle



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## Napa Rosé Relay

Peter Molnar



A pre swim rosé toast. Dolphins John Mervin, Tyler Meade, Matt Stromberg, Will Stockard and Peter Molnar

ater, fuel tanks, propane, towels, pink swim caps, Coleman stove, coffee, tea, oatmeal, rosé, cioppino – check. Dolphins and Baykeeper skippers Will Stockard, Matt Stromberg and I idle out of the South Beach Marina and leave the ballpark behind as we head northward on the San Francisco Baykeeper's hard working 28' patrol boat.

I've had the idea for years to swim from our family's Poseidon Vineyard to San Francisco. Situated at the confluence of Carneros Creek and the Napa River, the southern edge of the property was once a wetland and sits technically below sea level – the vines in the last rows have always struggled due to the latent salt in the soil. With my father Miklós' passing in January after ninety-four adventurous years, 2022 was the year to do it, and we're swimming in his memory. We're also swimming for a healthy Bay, a place my father loved as an immigrant and a sailor – our Rosé for the Bay variety is vinified from the Pinot Noir on the eastern blocks, and the proceeds from its sale have supported San Francisco Baykeeper and their incredible work to protect our Bay.

After the planning and packing it feels great to get going on this spectacular spring day. We are heading upriver with our pilot supplies to meet up with Dolphins Tyler Meade, John Mervin, and my winemaking partner Michael Terrien.

#### San Pablo 13:00

Making 20 knots with light chop on the Bay, we're heading for a pit stop at Black Star Pirate BBQ on Point San Pablo. Amazing food, good live music, an eclectic crowd of visitors and liveaboards from what seems a different era. Reminders of communities that have made the Bay and Delta home – denizens of the edges of this amazing estuary in more ways than one.

#### San Pablo Bay 14:30

With the wind now pumping on our stern, we wind downwind through the Richmond-Vallejo Race fleet – first big race of the year signaling spring for many sailors. Memories of rocking and rolling under spinnaker on the family Čal 25 Nemere. Dad at the helm, pipe clenched between his teeth, canvas hats pulled low against the sun, hands getting blistered from handling the sheets. Maybe we were winning, most likely not, and either way not important as we're together on a journey, and there were smiles all around.

#### Poseidon Vineyard, Carneros 18:00

We tie up at Cuttings Wharf on the Napa River, once a main station for loading and delivering grapes and produce for a burgeoning San



Matt Stromberg gaining the Richmond-San Rafael Bridge.

Francisco. Pile in a truck and drive five minutes to Poseidon Vineyard. Then walk towards our picnic table on a slight rise with a view of the masts of Napa Marina, the distant wetlands, our neighbor's fragile old barn. The spring wind is blowing hard, a light front is churning over us. San Pablo Bay just to the south must be roiling, probably leaving wind chop for us in the early morning.

Open a rosé. Heat up the cioppino base and add the mussels, clams, shrimp, and rock cod from the coast – the old Italian San Francisco fishermen would keep a fire going in the stove on their open deck sailboats and add catch to the broth as it came over the gunnel. Worked well then, works well now.

We shuck and eat oysters gifted by Hog Island Oyster Company and reheat their delicious grilled cheese cooled by the afternoon Bay breeze. Good fuel for body and soul.

#### Damn we are lucky.

Sun starts setting as we walk back. Memories of many harvests, field work, parties with family and friends on the knoll.

#### Cuttings Wharf 20:50

It's twilight on Napa River. Anxious to start. We idle down to the confluence of Carneros Creek. I toss a rose onto the water in memory of my father. His tradition was to gift a single rose to the women in our family on their birthdays.

Jump in the surprisingly warm water – warmer for the contrast from the now cold evening west wind. Spirits are high. Stars visible as I take a breath to my right.

As we jumped on a dying ebb, the building flood and river current combine to pull us south as we swap out each swimmer on the half hour. The river

sweeps east and south of Russ Island carrying sediment down from the

Mayacamas and the valley, currents building shallow shoals all around us. The black water is a tough read as the river's navigation lights are backlit by the buildings of Mare Island and American Canyon, plus the high-powered transmission lines over the wetlands at Highway 37. At one point, Matt Stromberg just stands up in the middle of his shift – water comes up to his knees. He's in one foot of water and one foot of mud.

At 3:00 am, we make the turn south, cookin' now. At 4:26 Michael Terrien flies under the Mare Island causeway bridge. The midspan light highlights his stroke as he churns toward the Bay.

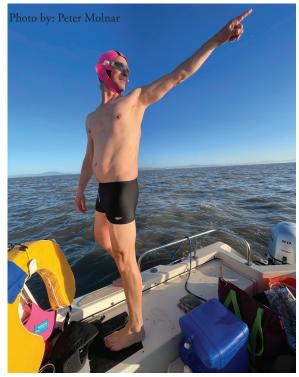
Mare Island and Vallejo are striking in the dark night. The military might of nuclear submarines serviced and berthed here during the Cold War now sublimate into graceful, curved roofs and nostalgic cranes.

Sun rises as we jet into the Sacramento River with a decent amount of leftover chop from the night's winds. The now nearly three knot ebb conveyor belts us west, and San Pablo Bay calms steadily to glass as the warm sun rises. Today, we are looking forward to the first expected heat wave of the summer. Coffee and cold grilled cheese sandwiches never tasted so good.

Passing the Phillips and Chevron refineries – reminders of our fossil fuel legacy that has fueled much of our lives and still fuels the two 90 hp Hondas of our pilot vessel. Some of the cleanest and most regulated oil facilities in the world, but still an ever-present threat to Bay and its aquatic life – a tangible sign of our complicated society.

We tuck westward along the eastern Marin shoreline, searching for relief from the strong flood. Paradise Quay lives up to its name as we trace the quiet coves and beaches under oak and California scrub. Many naps aboard.

We're also sending pictures and messages along the way to the nearly 100 people who are donating to



Michael Terrien refueled by coffee and rewarmed grilled cheese after a cold night.



Will Stockard on the run up the Napa River.

Baykeeper on our behalf – the tally is rising and we'll end up with nearly \$15,000 pledged.

At 2 pm we hit Racoon Strait as the ebb is starting to build on schedule and carry us along the east side of Angel Island. But somehow it doesn't – we're moving on pretty flat water, but we are not clicking off the miles as hoped. And looking over the bow, we see some decent wind building through the Slot.

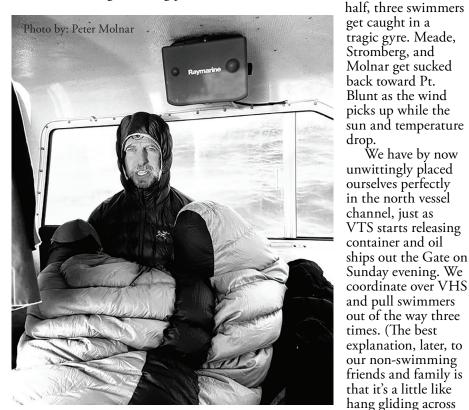
John Mervin gets the leg past Pt.

Blunt, but a short, steep wind chop stands up against the ebb with some good swirl added as the ebb curls off the point.

We watch closely to see if John can break through the confused water and make some distance from the Pt. Blunt buoy. Strong steady swimming gets us southbound and we are looking forward to the ebb carrying us to Alcatraz – we start to think about a well-timed beach landing at the club.

We have by now

Not so fast – for the next hour and



Will Stockard recreating Shackelton's Voyage.

SFO airspace.)

Finally, we cut bait and head west and to the north of Alcatraz and finally start making some speed over ground. The ebb that was supposed to carry us is now switching and we call an audible to cross to the west of Alcatraz and ride the building flood to the San Francisco shoreline.

It's cold now, we are all on our eighth rotation, 22 hours in, and the sun keeps setting. Chop, gusts, and cold – a grim determination sets in.

Grinding it out now. Fort Mason buildings are slowly getting closer. Swimmers are digging deep here.

I jump in for the last few hundred yards to the Aquatic Park entrance but that flood is no longer just building. I'm swept east of the entrance, ride along the concrete wall – feels like a log ride. Hard right pull at the end and a weak sprint to the Jeremiah O'Brien. Built in the Kaiser Shipyards of Richmond by women and men of many races and places, these Liberty Ships were a critical piece of winning a war against a truly evil force – delivering the troops and matériel needed for D-Day and other theaters by overwhelming the German U-Boats with sheer numbers in convoys of 40, 60 even 80 ships, and supplying the Pacific Theatre. Yet, sadly, it was this very heroic effort that marred the shores and communities of Richmond, Marin City, Hunter's Point, and West Oakland. Complicated.

In the end the Bay dictated our finish and route as she always does. That was an amazing, tough, beautiful swim. Friendship, respect for each other and the forces we willingly confronted.

When do we finally know a place - when do we belong to a place? How is swimming so enclosing of our visual scope as we strive to look over waves, yet so expanding of our internal emotional space? Swimming over the past twenty-four hours span a true a kaleidoscope of Bay memories and histories, personal and communal.

With each stroke I imagined the long work of reclaiming these aquatic commons – so useful, so central. We deserve to enjoy these waters, but we also have the obligation to claim and protect them.

Our Bay, our home, our future, our time.

## DOLPHIN LOG SWIM STATISTICS

## 42nd Escape From Alcatraz Triathlon - September 29, 2011

First Name	Last Name	HOW MANY COMPLETED 2022	Gender	Age	SWIM TIME	Bike Time	Run Time	TOTAL TIME
Ydol	Bernstein	3	Male	27	0:32:53	0:49:49	2:41:26	4:04:
Kristofer	Milonas	2	Male	36	0:50:33	0:51:45	2:33:22	4:15:
Joey	Murphy	1	Male	26	0:44:33	0:51:44	2:48:43	4:25:
Peter	Badertscher	5	Male	59	0:53:25	0:51:23	2:53:19	4:38:
Ramiro	Sanchez Pineda	1	Male	35	0:51:47	0:59:11	2:47:28	4:38:
Scott	Morris	1	Male	25	0:49:36	0:51:59	2:57:35	4:39:
Sydelle	Harrison	1	Female	27	0:42:18	0:54:12	3:04:28	4:40:
Kate	Mapstone	2	Female	31	0:52:27	0:57:44	2:52:49	4:43:
Daniel	Reid	5	Male	50	0:48:20	0:57:06	2:57:40	4:43:
Thierry	Nguyen	2	Male	50	1:01:17	1:00:33	2:47:10	4:49:
Nick	Stielau	1	Male	38	0:50:38	0:51:50	3:13:32	4:56:
Cyrus	Foster	2	Male	35	0:56:00	0:55:55	3:06:31	4:58:
Tom	Brown	11	Male	51	0:47:59	0:56:27	3:21:26	5:05:
Adele	Gower	1	Female	32	0:51:35	1:05:34	3:15:35	5:12:
Meli ssa Matt	Blaustein	1	Female	34	0:49:15	0:59:53	3:23:42	5:12:
Matt	Long Olsen	2	Male	36	0:52:28		3:16:23	5:13:
Anna Sean	Lavelle	3	Female Male	36 36	0:49:50	1:10:00 1:09:28	3:22:55	5:22 5:24
John	Gibbon	5	Male	58	0:52:14	100000000000000000000000000000000000000	3:37:18	5:25:
Andrew	Burrell	4	Male	47	0:47:00	0:54:40	3:44:23	5:26
Mits	Kristoff	1	Male	32	0:56:22	0:52:23	3:39:24	5:28
Patricia	Sweeney	1	Female	37	1:00:14	and the second se	3:27:31	5:29
Arianne	Goodman	1	Female	37	1:06:20	1:00:49	3:21:51	5:29
Richard	Haymes	9	Male	58	0:54:42	1:05:46	3:28:53	5:29
Amanda	Ernzer	5	Female	34	0:43:45	1:06:11	3:40:24	5:30:
Ailis	Peplau	1	Female	30	0:50:53	1:01:41	3:38:10	5:30:
Laura	Hill	3	Female	58	0:50:24	1:01:26	3:40:41	5:32
Elizabeth	Warner	1	Female	48	1:06:29	1:11:31	3:23:35	5:41
Allan	Calder	16	Male	53	0:51:09	1:02:48	3:50:10	5:44
Victor	Jakubiuk	3	Male	32	1:08:36	1:11:43	3:27:16	5:47
John	Hill	5	Male	59	0:44:17	0:59:48	4:08:22	5:52
Jason	Thompson	1	Male	51	1:12:54	Construction of the Carrier Ca	3:34:27	5:54
Топу	Lillios	6	Male	53	0:54:00	1:07:39	3:53:19	5:54
Karen	Fitzgerald	1	Female	45	0:55:37	1:07:06	3:56:50 4:08:30	5:59
Juan Wolfgang Terry	Zinser Lopez Mckellips	6	Male Male	32 59	0:50:00	1:01:30 1:46:58	3:21:53	6:00 6:00
Seth	Siegel	1	Male	43	0:57:05	1:14:27	3:52:49	6:04
Karin	Christenson	1	Female	33	0:57:18	1:16:10	3:51:35	6:05:
William	Kushner	2	Male	58	1:35:17			6:06
Jay	Egami	6	Male	62	0:56:37	1:20:16	3:51:36	6:08
Peter	Bartu	8	Male	57	0:47:20		4:18:57	6:13
Kelly	Clonts	2	Female	33	1:30:18	Considerity And a first state of the	3:22:21	6:15:
Sierra	Hess	1	Female	34	0:59:29		4:14:21	6:16
Ali	Chehrehsaz	1	Male	30	1:04:47	1:05:35	4:06:29	6:16
Jeff	Erickson	1	Male	57	1:03:08	Commission of Parameter States and States and	4:09:46	6:22
Alicia	Brasch	1	Female	47	0:44:12	1:11:42	4:32:55	6:28
Tom	Davis	2	Male	44	1:01:53	1:23:36	4:07:31	6:33
Alex	Sigal	10	Male	45	1:19:20	1:15:47	3:57:56	6:33
Michael	Crowley	1	Male	47	1:14:51	1:06:02	4:23:30	6:44
Rebecca	Margulies	1	Female	51	1:07:35	1:23:24	4:19:19	6:50 7:10
Sean Regina	Mcfadden Bianucci Rus	17 22	Male Female	54 59	0:47:43	0:59:27	5:23:05 4:54:28	7:10:
Hal	Offen	22	Male	73	1:28:53	1:23:03	4:54:28	7:48:
Jim	Shepherd	1	Male	60	1:28:55	1:21:29	4:58:30	7:48:
Allen	Luong	3	Male	57	1:13:19		5:01:46	8:18:
Alexandra	Goldman	1	Female	30	0:54:24		6:09:16	8:22:
Elisabeth	Snider	1	Female	33	0:59:10		6:09:22	8:22:
Catherine	Bump	4	Female	61	1:17:32	1:34:37	5:50:29	8:42:
Mike	Webb	29	Male	73	1:03:37	1:42:58	5:57:25	8:44:
Keith	Nowell	31	Male	68	1:29:07	1:49:31	5:49:27	9:08:
Phil	Taylor	14	Male	70	1:33:48	1:52:32	6:33:40	10:12:



1st Finisher for Escape From Alcatraz Triathlon - Joby Bernstein

dolphinclubsf



dolphinclubsf Repost @epstarred Yesterday I tackled th original @dolphinclubsf Escape from Alcatraz course al..

Proud Finishers Alex Goldman and Elizabeth Starr of the Escape From Alcatraz Triathlon with their hard earned belt buckles

#### DOLPHIN LOG SWIM STATISTICS

Fort Point Swim AUGUST 27, 2022

Fort Point, the longest group swim at 3 miles, was held with nearly perfect conditions. The tide was running quickly and the swimmers received a good push. The test swim had provided a warning to all to turn in earlier than at Fort Mason, since four of the test swimmers missed the opening.

There were two groups at the start, a slower group starting 10 minutes before the faster group, with the groups coming together as they approached the finish.

approached the finish.						
	ce Name	Time				
1	Ben Chun	52:58				
2	Nolan Mattox	58:04				
3	Cesar Manzano	58:48				
4	Michael T-Hahn	58:58				
	Suzanne Heim	59:07				
5 6	Christophe Crombez					
7	Steve Carlson	1:00:24				
8	Peter Bartu	1:00:48				
9		1:05:23				
10	Joey Murphy	1:07:31				
	Jari Salomaa					
11	Amanda Ernzer	1:08:10				
12	Ben Clark	1:09:21				
13	Matthias Fore	1:09:59				
14	Scott Morris	1:11:05				
15	Sean Lavelle	1:11:19				
16	Don Thornburg	1:12:12				
17	Gary Arabatyan	1:14:31				
18	Sean McFadden	1:14:40				
19	Edwin Purselle	1:15:51				
20	Wendy Schuss	1:17:41				
21	Kathleen Sheridan	1:18:17				
22	Kristofer Milonas	1:18:20				
23	Paul Wolf	1:18:28				
24	George Morris	1:18:36				
25	David Green	1:18:42				
26	Jeffrey Citron	1:18:46				
27	David O'Reilly	1:18:58				
28	Camila Pesce	1:19:47				
28 29	Lisa Domitrovich	1:20:04				
30	Karin Christenson	1:20:04				
31						
	Kathleen Duffy	1:20:29				
32	Nancy Booth	1:20:57				
33	Fasica Alemayehu	1:21:40				
34	Lawrence Remstedt	1:23:49				
35	Emily Silverman	1:24:15				
36	Joel Mendelson	1:25:17				
37	Joe Spallone	1:25:52				
38	George Chamales	1:27:02				
39	Alexander Mulder	1:27:35				
40	Eric Reed	1:28:03				
41	Peter Cullinan	1:31:26				
42	Kaitlin Talley	1:32:35				
43	Rick Perez	1:44:25				
44	Crissa Williams	1:47:59				
	Crissa in manif	-• -/ • <i>)</i> /				

45 Bobby Lu 1:53:35 46 Pia Hinckle 1:57:14 47 Donna Schumacher 2:03:40 48 Kati Hopman 2:05:25 49 Peter Neubauer 2:05:50 Pilots: Jon Bielinski, David Buchanan, Eric Chung, James Dilworth, Tony Foe, Jim Frew, Terry Horn, Diane Jackson, Margaret Keenan, Brian Kiernan, Timothy Kreutzen, Mickey Lavelle, Charmaine Leonard, Dominic Lusinchi, Grant Mays, Tom McCall, Don Osborne, Will Powning, Natazha Raine O'Connor, Holly Reed, John Robiola, Gina Rus, Wafaa Sabil, Eric Shackelford, Scott Stark, John Stassen, Matt Stromberg, Nihan Tiryaki, Radha Tomassetti, Diane Walton, Lisa Weaver, Ramsey Williams Helpers: Michael Barber, Cynthia Barnard, Bob Blum, Nancy Booth, Andrew Cassidy, Jeffrey Citron, Ben Clark, Janine Corcoran, Peter Cullinan, Kathleen Duffy, Amanda Ernzer, Elspeth Farmer, Nancy Friedman, Joe Gannon, Brian Gilbert, Sharon Gross, Lewis Haidt, Suzanne Heim, Pia Hinckle, David Holmes-Kinsella, Tom Hunt, Terry Huwe, Cesar Manzano, Andrea McHenry, Helen McKinley, David O'Reilly, Hal Offen, Era Osibe, Rick Perez, Julia Peterson, Eric Reed, George Robin, Robin Rome, Polly Rose, Wafaa Sabil, Marie Sayles, Andy Stone, Monica Towers, Claire Trepanier, Tommaso Trionfi, Brooke Wentz, Paul Wolf, Rebecca Wolski Test swim: Elspeth Farmer, Matthias Fore, Briana McCarthy, Tom Neill, Holly Reed, Wafaa Sabil, Eliana Agudelo, Brian Kiernan, Timothy Kreutzen, Charmaine Leonard, Bobby Lu, Dominic Lusinchi, Alexander Mulder, Don Osborne, John Robiola, Lindsay Stripling, Radha Tomassetti, Lilian Tsai, Ramsey Williams Golden Gate Bridge Swim OCTOBER 15, 2022 Although the sky was overcast, the spirits of the swimmers, helpers, and pilots were bright. The swim went well, though a tanker came through while the swim was in progress. This led to several swimmers

N В С being repositioned, but Vessel Traffic let Q us know that the ship had actually slowed D for us. All swimmers completed the swim Κ in under an hour.

Place	Name	Time
1	Joby Bernstein	22:50
2	Suzanne Heim	25:24
3	Nolan Mattox	26:08

1103					
4	Michael Tschantz-Hahn	30.00			
5	Joey Murphy	31:18			
6	Steve Carlson	31:44			
7	Ben Clark	32:04			
8	Jeffrey Citron	32:32			
9	Don Thornburg	33:33			
10	Mickey Lavelle	37:11			
11	Morgan Kulla	37:41			
12	Beth Stein	37:52			
13	Rick Perez	38:52			
14	Mike Wals	39:02			
15	Lawrence Remstedt	39:32			
16	David Nosrati	39:53			
17	David O'Reilly	40:06			
18	Dean Badessa	40:17			
19	MarieSayles	40:21			
20	Kathleen Sheridan	42:08			
21	Karin Christenson	42:55			
22	Margaret Keenan	43:27			
23	Tommaso Trionfi	44:21			
24	Ken Coren	44:35			
25	Kati Hopman	45:45			
25	Andy Stone	45:45			
27	Wafaa Sabil	45:48			
28	Holly Reed	45:54			
29	Joel Mendelson	45:59			
30	Lisa Domitrovich	46:05			
31	Kathleen Duffy	46:07			
32	Lorna Newlin	46:19			
33	Julia Peterson	46:26			
34	Joe Gannon	46:33			
35	Phil Gaal	46:41			
36	Lauren Lesyna	46:46			
37	Carolyn Hui	47:15			
38	Bianca Liederer	47:30			
39		47:41			
40	Kerry Labelle	47:43			
40 41	Bobby Lu Erria Road				
41 42	Eric Reed Mark Lenz	48:24			
		49:26			
43	Zach Walton	49:30			
44	Keith Nelson	49:33			
45	Peter Neubauer	49:46			
46	David Holmes-Kinsella	50:55			
47	Eliana Agudelo	52:16			
48	Julia Brashares	52:51			
49	Crissa Williams	54:00			
50	Jeff White	54:09			
51	Robin Rome	55:19			
52	Donna Schumacher	56:39			
ns	Denise Sauerteig				
ns = no					
	Marcus Auerbuch, Peter F				
Nathan	iel Berger, Jon Bielinski, I	David			
Buchanan, Scott Cauchois, Ben					
Chun, Sasha Cole, James Dilworth,					
Quinn Duffy, Tony Foe, Terry Horn,					
Diane Jackson, Brian Kiernan, Shay					
Klevay, Timothy Kreutzen, Charmaine					
Leonarc	l, Dominic Lusinchi, Ton	1			
McCall	, Tim McElligott, Mikha	il			
McCall, Tim McElligott, Mikhail					

Melnikov, Kristofer Milonas, Abby Mohan, Hal Offen, Don Osborne,

#### DOLPHIN LOG SWIM STATISTICS

Nanda Palmieri, Philip Reiff, John Robiola, Gina Rus, Gabe Scurlock, Eric Shackelford, Scott Stark, Arnie Thompson, John Thorpe, Diane Walton, Ramsey Williams Helpers: Gary Arabatyan, Cynthia Barnard, Joby Bernstein, Theodora Bruun, Karla Castillo, Janine Corcoran, Michael Crowley, Sue Garfield, Suzanne Heim, John Henderson, Mia Hershiser, Kati Hopman, Tom Hunt, Terry Huwe, Heather Kremer, Mark Lenz, Nolan Mattox, Helen McKinley, Joel Mendelson, Ken Miller, Evan Munro, Devan Nielsen, Emily Nogue, David Nosrati, Hal Offen, Lawrence Remstedt, George Robin, Polly Rose, Wafaa Sabil, Marie Sayles, Eric Shupert, Andy Stone, Monica Towers, Tommaso Trionfi, Spring Utting, Elizabeth Westover, Jeff White Test swim: Michael Barber, Nathaniel Berger, Lindzy Bivings, David Buchanan, Lewis Haidt, Nancy Hornor, Joseph Illick, Eliana Agudelo, Marcus Auerbuch, Laure Darcy, Anthony DuComb, John Grunstad, Brian Kiernan, Tim Kreutzen, Will Kushner, Hal Offen, Tim McElligott, Tom Neill, Nanda Palmieri, Gina Rus, John Thorpe, Radha Tomassetti, Elaine Van Vleck, Ramsey Williams

#### Alcatraz Swim OCTOBER 29, 2022

Conditions were nearly perfect for the last group swim of the year: minimum wind, glassy smooth Bay, and a tide that turned when it was best for the swimmers. The swim went off well: great work from the DC Swim Commissioners, and the support from all the pilots and helpers was magnificent. Thanks to all for a great 2021-2022 swim season.

Pla	ice Name	Time
1	Joby Bernstein	26:09
2	Suzanne Heim	29:10
3	Nolan Mattox	29:39
4	Michael T-Hahn	33:10
5	Jeffrey Citron	33:52
6	Amanda Ernzer	36:32
7	Lindsay Stripling	36:35
8	Don Thornburg	37:03
9	Devan Nielsen	41:30
10	Edwin Purselle	41:45
11	Morgan Kulla	42:46
12	Rick Perez	42:50
13	David O'Reilly	42:53
14	Margaret Keenan	42:55
15	George Morris	43:03
16	Mike Walsh	43:23
17	Mickey Lavelle	43:56

44:39 18 Beth Stein 19 Marie Sayles 46:31 20 Julia Peterson 46:33 21 Wafaa Sabil 48:24 22 Peter Cullinan 49:01 23 Lewis Haidt 49:16 24 Dean Badessa 49:18 25 Nancy Booth 49:41 26 Kerry LaBelle 51:45 26 Kathleen Duffy 51:45 28 Lisa Domitrovich 51:57 52:01 29 Andy Stone 30 Zach Walton 52:16 31 Eric Reed 53:02 32. Bianca Liederer 53:41 33. Keith Nelson 55:31 34. Ken Coren 55:58 35. Marlin Gilbert 1:00:25 36. Julia Brashares 1:06:52 37. Kati Hopman 1:07:56 38. Donna Ŝchumacher 1:09:44 39. Joe Gannon 1:10:09 40. Phil Gaal 1:11:01 Pilots: Marcus Auerbuch, Nathaniel Berger, Jon Bielinski, Barry Christian, Tony Foe, Terry Horn, Diane Jackson, Brian Kiernan, Tim Kline, John Kortum, Timothy Kreutzen, Mark Lenz, Charmaine Leonard, Dominic Lusinchi, Tom McCall, Stuart Moulder, Hal Offen, Don Osborne, Era Osibe, Nanda Palmieri, Will Powning, Holly Reed, John Robiola, William Schroeder, John Thorpe, Nihan Tiryaki, Lilian Tsai, Chris Wagner, David Wagner, Diane Walton, Jeff White, Ramsey Williams, David Zovickian Helpers: Laura Atkins, Michael Barber, Cynthia Barnard, Bob Blum, Diane Campbell, Karla Castillo, Teddy Chivetta, Peter Cullinan, Laure Darcy, Dan Devone, Jay DiMaggio, Nancy Friedman, Sue Garfield, David Green, Sharon Gross, Suzanne Heim, Heidi Howell, Tom Hunt, Jean Lamming, Nolan Mattox, Karin McClune, Helen McKinley, Evan Munro, Hal Offen, Johanna Pitocchelli, David Riedel, Polly Rose, Wafaa Sabil, Marie Sayles, Eric Shupert, Beth Stein, Andy Stone, Amanda Stone, Claire Trepanier, David Ufferfilge, Elaine Van Vleck, Rebecca Wolski, Janice Wood, Jelson Yalung Test swim: Michael Barber, Diane Campbell, Janine Corcoran, Michael Coren, Pia Hinckle, Tom Neill, Hal Offen, Edwin Purselle, Ken Coren, John Grunstad, Terry Horn, Liz Kantor, Margaret Keenan, Charmaine Leonard, Don Osborne, Holly Reed, Wafaa Sabil

2022-100 Mile Challenge				
Count	Na	me	Miles	
1	Oliver	Fader	276	
2	Tom	Neill	275	
3	Catherine	Breed	254	
4	Peter	Cullinan	145	
5	Kati	Hopman	142.5	
6	Gary	Arabatyan	142	
7	Renzo	Sereni	129	
8	Laura	Burtch-Zovickian	126	
9	Thorsten	Anderson	125	
10	David	Holscher	114	
11	Michael	Tschantz-Hahn	109.75	
12	Sean	Lavelle	108	
13	Holly	Reed	108	
14	Lisa	Domitrovich	107.5	
15	Jeffrey	Citron	104	
16	Nancy	Lange	103	
17	Steve	Carlson	101.5	
18	Tor	Lundgren	101.5	
19	Maria	Sereni	101.5	
20	Kathleen	Duffy	101	
21	John	Stassen	101	
22	Stephen	Schatz	100.25	
23	Ted	Tilles	100	
24	David	O'Reilly	100	
25	Joe	Spallone	100	
26	Mike	Walsh	100	
27	Suzanne	Heim	100	
28	Elizabeth	Ozer	100	

📮 nathanielberger

ALCATRAZ ISLAND



## What is the Master Mariners Benevolent Association? *Diane Walton, Dolphin and Master Mariners Board member*

he **MMBA** is another traditional San Francisco club, and it promotes the fraternity of wooden sailboat owners, the maintenance of their vessels, and traditional seamanship. If you have a traditionally designed sailboat, built with traditional methods and materials, you may be eligible to join the MMBA. My Spitzgatter Gerda, built in the late 30s in Denmark, qualified, and I participate on her behalf! There is also a Friend level membership for people who don't currently have a traditional boat but would like to support and participate in the Master Mariners' activities.

Hard to imagine, maybe, but a decade before the first Dolphin Club doors opened, on the Fourth of July of 1867, the Boatman's Protective Association staged a race among working sailboats in San Francisco Bay. The Master Mariners Regatta raised funds from local maritime businesses to benefit the widows and orphans of seamen lost at sea, the spirit of which is reflected in the **MMBA** Burgee, a Herreshoff anchor with an "H" across its shank, standing for Hope. By 1891 steam engines were replacing sail and San Franciscans thought the era of the Regatta had ended. In 1965, however, the Association was revived and the Regatta thrives again, held in May with a start line at the St. Francis Yacht Club.. The **MMBA** remains one of the oldest and largest associations of traditional wooden sailboats: the Regatta is a wonder to behold.

Annual Wooden Boat Show. In 1994, the MMBA Board of Directors initiated the Annual MMBA Wooden Boat Show to be

held at the Corinthian Yacht Club to raise funds to promote and fund the preservation of classic sailboats, the associated skills, and traditional seamanship through education. Several





Dolphin Whitehall at MMBA Wooden Boast Show

Dolphins were at this year's wooden Boat Show, with KC Crowell taking the Al Lutz Award for her work on Bear Boat #47, *Chance*. Other Dolphin Club boats and personal Dolphin boats were on display.

Spaulding Wooden Boat Center. In 2004, the Master Mariners Benevolent Foundation was part of the founding of the Spaulding Center for Wooden Boats, a foundation established by Myron Spaulding's wife, Gladys, who created a charitable Trust to preserve the Spaulding Boatworks in Sausalito. The Dolphin Club Foundation is in discussions with Spaulding to contribute to its educational programs. Arques Maritime Preservation

Arques Maritime Preservation Foundation. The Arques Foundation and the Master Mariners Foundation have a tradition of purchasing chisels for new Arques students, and they provide components of model wooden sail boats, which the children attending the Wooden Boat Show assemble under Arques' watch. Master Mariners Foundation also funds scholarships for Arques students.

For more information, go to https:// www.sfmastermariners.org

#### PRESIDENT'S REPORT - Q & A with Diane Walton

e all know her simply as Diane. Kind, cheerful, empathetic — all with a sharp sense of humor. Need a phone number, have a question, stranded on an island somewhere, who ya gonna call? Diane! And invariably, her response is, "How can I help, what can I do?" And she comes through. I'm not sure I would have survived the past two years as Club President if not for Diane Walton.

Her first years at the Club overlapped with the final years of our beloved Commodore, Lou Marcelli. She learned from Lou and other veteran Club leaders to become the Club's most compelling, impactful, and essential member today. She has served as Club President (twice), Club Recording Secretary, and Boat Captain. She's also a driving force on many committees and looks out for the Club as our government liaison. She has played a major role in almost every Club challenge, from the new lease, to Club bylaw changes, to creating our new website. And, oh yes, she's the all-star fund-raiser for the building renovation.

Diane is adept. She is a masterful recruiter with deep connections into the membership. She has many other gears: savvy facilitator, persuasive operator, and skillful negotiator with the mettle to go toe-to-toe with a Board member or public official. She moves fast and you better be ready to keep up. Her texts and emails come rapid fire in brief, cryptic flurries (Test yourself with the Cryptic Diane breakout box).

She spends so much time working to know and help each of us. So



Retiring Club President Ward Bushee

it seems appropriate that we learn a little more about the person — Diane Walton. —*Ward Bushee* 

**WB:** Since you first noticed the Dolphin Club while walking on Jefferson Street in 2007 you seem to have given all of yourself to it and its members. What makes you so



Diane Walton, at the helm of her sailboat **Gerda** its electric motor sometimes powered by hydrogen

devoted to serving the Club and its members?

DW: I get more than I give from the Club; what a privilege it is to be a Dolphin. I first walked in after figuring out that the Cove swimmers I longed to join had a place beyond the dock to stow their stuff. I had no idea of the splendor behind the door. I joined the Boat Committee first, in gratitude for what the Club had given me immediately – the joy of rowing - and then I became Boat Captain (as Barry Christian put it: "we needed somebody smart enough to do the job and dumb enough to take it."). In my first term as President, Lou died and our collective heart was broken. In my second term, COVID hit and we had to close the Club. Big changes take big efforts; we get it done, together. It's this living proof that collective effort makes a difference that keeps me here.

WB: Is it correct that you are happiest at the Club just sitting and enjoying conversations with members? DW: I am happiest at the Club when I see the wide range of our members who get what they want and need here, and who give back to make sure others get that, too. I do greatly enjoy Dolphin conversation; I am also off the charts happy when I come out of the water, and when I am rowing.

**WB**: What makes a great Dolphin? **DW**: It's a person who values both yesterday and tomorrow at the Club, whose day is improved by being in or on the water, and whose generosity of spirit and belief in community informs their actions on land and on sea.

WB: How did growing up in the Santa Cruz County beach town of Capitola help shape you into the person you are today?
DW: Small beach town upbringing taught me that it's always a good time to be in, on, or near the water; that anybody, anywhere might be a friend of your mother's so I might as well behave in ways that would make her proud; and that there's always a way to help.

**WB:** You are the daughter of a single working mother who by all accounts was brilliant and wise. What are some of the qualities and teachings she passed on to you?

**DW:** Glenna, born in Edmonton, Alberta, raised in Seattle, was formidable in her early days on the hockey floor and at school (headed for University of Washington at 16), and was somehow both tough and elegant, thoughtful, and active, until her death in 1985, at 67. I only know now how tough some days were for her. What she gave me was the responsibility to use whatever I know and have to make it easier for others to be at their best. She also taught me how to keep score at Candlestick, the architecture and joy of music, and how to not watch the golf ball immediately after hitting it and still have a sense of where it went. I miss her.

**WB**: Tell us about your working life and long career in Oregon State government? **DW**: Just before I was going to go to

grad school, my grandfather died and I went up to Oregon for the funeral. I stayed 20 years (I asked Mom to send up some clothes: she sent a shoebox with running shorts, a little black dress, a great pair of shoes, and a check.), first going to work at the Legislature as Clerk to the Revenue and School Finance Committee, on to Legislative Assistant, Committee Administrator stints, then on through the Governor's Office (focus on legislators and on kids), to running the State Commission on Children and Families. In between those jobs, I trained and later taught as a Montessori teacher. I came back to work at the US Dept of Labor, to support the Regional Administrator in the waning days of his career, and stayed on through 15 years, leaving as the manager of the grant-implementing side of the house.

**WB**: How does your background in government translate into working with government agencies that impact the Dolphin Club?

**DW**: I see systems at work, and have seen from several angles how people in and out of those systems can either extract value from them, or spend time and effort without much return. I am comfortable sharing the information the Dolphin Club wants shared in those buildings and rooms, Capitols, chambers, and offices, and at ease with the people who populate them and make the decisions that affect us. San Francisco is of course its own universe, and it took some time, but it has been good for me learning about how all the pieces fit here.

**WB**: What are the big challenges the Club must tackle as it has grown in a relatively short time from a little village to a small town of 2,000 members? **DW**: How we might best meet the needs of the members on a day-today basis within our historical frame is a big challenge in this new bigger identity. Managing our resources, protecting all the assets, providing more spaces for people to be together, and exploring and expanding the value we bring to the community are some of the other broader challenges. Also, it would be good in the 2023 Tri to once again get the Plaque back, just because we can.

**WB:** What would you tell Club members who are considering running for an at-large or officer seat on the Board of Governors?

#### DW: DO IT!

**WB:** The Club was male only until 1976 and only about one-third of the members today are women. What is your take on where we need to be with the inclusion of women? DW: We need to learn to hear one another better, to respect differences, and to take advantage of each other's strengths, whatever the gender. I'd like to see more women in decisionmaking roles, more women being acknowledged and celebrated for all they give to the Club, I'd like to see boats built and named for Renee DeCossio and Racheal Perry, and I'd like to see a book and short video about women rowers on the Bay. I'd like to give copies of Kim Swims, the movie Kate Webber made about Kim Chambers' swim from the Farallones, to our Dolphin Youth Swim Fund grantees, and put it anywhere else Kim's story could inspire people to succeed at whatever their challenge might be. I think the Club would be healthy at 50-50; I'm told more women's lockers would bring in more women: I'm not sure but good to try!

**WB:** I know you love SF Ballet, try to love the Giants, and are enthralled by time on your sailboats (you own two). What other projects outside of the Dolphin Club are you involved with now?

**DW:** I'm on the Boards of Baykeeper and Master Mariners, on the Board of Stewards of the Eugene Relief Nursery, and serve as an advisor to the California Wildlife and Oaks Foundation Board. I'm at the Berkeley Marina with the boats, and one amazing adventure was hooking up to hydrogen to power Gerda, a 26-foot, late 30s-built Spitzgatter, a Danish double ender with an electric motor. Sailing is new, wonderful, and proof that gaining fresh skills, in and around potentially perilous situations, is not just possible but exhilarating.

**WB:** From one to three rank your

interests in the following: Rowing, Swimming, Handball. **DW:** That has been my order of personal interest and I am grateful to Reuben Hechanova, Laura Zovickian, Lindsey Stribling, Paul Brady, Kim Howard Peinado, and all others who have helped me with each. In 2023, however, I will be getting in the water more, practicing what Laura and Lindsey were so kind to



Always enthusiastic Diane Walton, soon to be Dolphin Club President for a third time, on San Francisco Bay.

teach me. Also, with Suzanne Heim's encouragement, I have set a goal to swim the Golden Gate! — maybe even do the swim portion of the Tri!! Swimming is what I said I wanted to do at that Board meeting long ago, when I joined as a person who used to spend a lot of time at the beach, but absolutely no previous experience with Rowing or Handball... might have to move it to the top of the list!

**WB:** Dolphins vs South Enders – separated at birth or different gene pool altogether? **DW:** Same ingredients, different

recipes, different table settings.

Play Cryptic Diane!

Ok, Dolphins -- Test your Diane Cryptic skill and match her text messages with the correct hints. If you are keeping score, the answers below.

Her Text Messages:

"Community, peace, love is their pitch. Oh and no hairy legs"

"Gotta follow Roberts"

\_\_ "Gotta follow Roberts"
\_\_ "Dates of signatures need to be the same (?), said Herrera not Chiu, kind of stuff'

\_\_ "Yep. Interact with monkeybrains our provider"

\_\_ "All Frew, all the time!"

Pick hint that matches each Text: 1) Rules of order

- 2) Remedying spotty internet service
- 3) Jim, New Members tour guide
- 4) Our neighbor's fear of our new roofdeck
- 5) City signer of new Club lease
- (Answers in order of texts: 4, 1, 5, 2, 3)



The Dolphin Swimming & Boating Club 502 Jefferson Street San Francisco, CA 94109

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#### 2023 DOLPHIN CLUB SWIM & EVENT SCHEDULE

_	-			SWIM PROGRAM RULES
Jan 1	Sun 7:00 am	*New Year's Day Alcatraz	2023 Intro to Bay	1. Club scheduled swims are
Jan 1	Sun 9:30 am	New Year's Day Cove Swim	Swimming TBA	restricted to Club members, who are
Jan 28	Sat 8:00 am	*Pier 41	Swimming 1 Dil	current on their dues and fees and in
Feb 18	Sat 8:00 am	*Gas House Cove		good standing.
Feb 19	Sun 12:00 pm	Old Timers' Lunch		2. Swimmers must have current USMS
Mar 12	Sun 8:00 am	*Pier 39		membership, or USA Swimming
Mar 21	Tue 10:00 pm	End of Polar Bear		membership, as appropriate and abide by each organization's rules and
Mar 22	Wed 5:00 am	Start of Walt Stack Challenge		requirements.
Apr 16	Sun 8:00 am	*Coghlan Beach Fun Swim		3. Swimmers are required to wear
May 20	Sat 9:00 am	*Yacht Habor		orange caps on all scheduled swims.
TBD		McCovey Cove Regatta		4. Swimmers cannot use swim aids
May 27	Sat 9:00 am	Walt Schneebeli Over 60 Cove		including fins and wet suits, on any timed
TBD		Rowers' Festival		scheduled swims.
May 31	Wed 10:00 pm	End of Walt Stack Challenge		5. New members are not eligible to swim in scheduled out-of-cove swims
Jun 1	Thur 5:00 am	100-Mile Swim Begins		for either 6 months from the start of
Jun 10	Sat 7:30 am	*John Nogue Swim for Science Pier 15		their membership, or before successfully
Jun 17	Sat 9:00 am	Pride Swim		completing the 100-mile swim, the Polar
-		*Bay Bridge		Bear swim, or the Accelerated Out-of-
Jul 9	Sun 7:30 am	, 0		Cove process.
Jul 15	Sat TBD	Trans-Tahoe Relay		6. All out-of-cove swims require a pilot:swimmer ratio of 1:3.
Jul 29		*Santa Cruz 1 mile swim		7. Time limits may be imposed at the
Jul 30	Sun TBD	*Santa Cruz 2 mile swim		discretion of the Swim Commissioner(s).
Aug 5	Sat 2:00 pm	*Doc Howard Gas House Cove		8. All Club boats are reserved for
Aug 26	Sat 10:00 am	*Alcatraz		scheduled swims. Co-pilots are
Sep 9	Sat 8:30 am	Dolphin/South End Triathlon		encouraged. Riders are prohibited.
Sep 23	Sat 8:45 am	*Joe Bruno Golden Gate		9. Swimmers must register during check-
Sep 30	Sat TBD	Swim Across America	Alcatraz Island	in and attend the swim briefing in order to swim.
Oct 14	Sat 8:00 am	*Crissy Field	1.4 miles	10. Swimmers must successfully complete
Oct 22	Sun 8:00 am	Escape from Alcatraz Triathlon		at least three qualifying swims and help
TBD		Angel Island Regatta		on at least three swims to qualify for
Oct 31	Mon 10:00 pm	100-Mile Swim Ends		Alcatraz and Golden Gate Swims.
Nov 11	Sat 5:00 pm	Pilot Appreciation Dinner		11. Out-of-town members must have
Nov 23	Thur 9:00 am	Thanksgiving Day Cove		successfully completed two of the last three Club scheduled Alcatraz and/
Dec 16	Sat 9:00 am	New Year's Day Qualifier & Holiday Br	runch	or Golden Gate swims or meet Rule 10
Dec 21	Thur 5:00 am	Polar Bear Swim Begins		above.
		0		(Nothing in the above rules shall
				contravene any applicable Federal laws
		All times are ap	proximate & subject to change	and statutes.) Pier 41 <sup>1/2</sup>
10.1		TBD means "to	be determined".	1.2 miles
P. P.I			C.	
Fort Point 3.5 miles		X I XI		Pier 43
		Yacht Habor 1.5 miles		1 mile
			Aquatic I Gashouse Cove	Park Cove

Crissy Field 2.5 miles Gashouse Cove 1 mile